

Southgater

COMMUNITY NEWS & ACTIVITIES GUIDE



VENDOR
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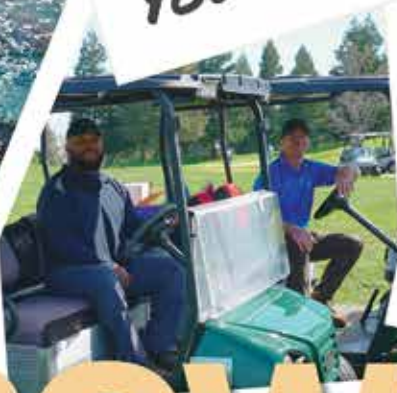
YOUTH SPORTS



PUPS IN THE PARK



SPLASHING
PUMPKINS



ENVIRONMENTAL
RESPONSIBILITY

GROWING FORWARD

70 YEARS AND BEYOND!

GOING GREEN IN THE DISTRICT!
Clean energy infrastructure
leaders for a sustainable future.
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WILDHAWK GOLF CLUB
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DISTRICT GENERAL MANAGER'S MESSAGE

GROWING FORWARD

70 YEARS AND BEYOND!

As fall settles in, the District looks toward what comes next. We continue honoring our history as a District and celebrate life found throughout our parks, pools, programs, and gathering places over 70 years. We turn our attention to how the District continues to grow with care.

If you have visited WildHawk Golf Club recently, you may have noticed something that does not announce itself loudly but makes a real difference: the course has been improving. You can see it in the greens, fairways, and the work happening before golfers arrive. That care is visible during a golf round. Some is less visible, through practices that strengthen the turf and reduce disruption of play on the course. This is careful, dedicated work, driven by our team's commitment to maintaining a space our community values. That steady improvement is happening across Southgate Recreation & Park District.

We have been adding electric vehicles, solar panels, Electric Vehicle (EV) chargers, electric mowers, and battery-powered hand tools into everyday operations. These changes reduce fuel use, lower emissions, reduce noise in parks and public spaces, and create healthier working conditions for staff and community. We are grateful this work has received environmental excellence award recognition, but its greatest value is found in the daily benefit for the people and places we serve.

Growing Forward is also about the traditions that bring neighbors together. This fall and winter, families can look forward to Pups in the Park, Pictures in the Park, the Fall Community Yard Sale, Splashing Pumpkins, E-Waste Collection, Halloween Carnival & Haunted House, Evening with Santa, and Letters from Santa. These familiar moments give the season its warmth and create memories close to home.

You will also read about park projects, accessibility improvements, trail connections, WildHawk upgrades, and refreshed spaces being shaped for everyday use. Each project may look different, but the goal is the same: to make our parks, facilities, programs and open spaces more welcoming, useful, and lasting.



For 70 years, the District has grown with the community. As we look ahead, our responsibility is to keep Growing Forward being thoughtful, welcoming to all, prioritizing the health and safety of our residents and staff while rooted in the needs of the people who call our community home. We invite you to Grow Forward with us this fall season.

Ward Winchell
General Manager



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SOUTHAREA RECREATION INC.

The **Southgator** is published three times per year by Southarea Recreation, Inc., a non-profit organization, to inform South Sacramento residents of community news, park development and recreational activities.

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Across the District, the work of caring for parks is in constant motion. Lawns need mowing, trees need trimming, courts and walkways need attention, and community spaces need to be ready for the next game, class, event, or family visit. That level of care takes time, planning, and a dedicated team who values the impact their work makes to serve the community.

For years, Southgate Recreation & Park District has taken steady steps to change how some of that work gets done. Gasoline-powered tools and vehicles are being replaced with electric mowers, battery-powered hand tools, and Electric Vehicle chargers are being added throughout the District. Through a partnership with the Sacramento Metropolitan Air Quality Management District, the shift to solar panels and cleaner infrastructure into public parks creates energy to serve the community and other visible environmental benefits in spaces residents use every day. These improvements help the District care for parks in ways that are quieter, healthier, and more responsible for the long term.

For residents, the benefits can show up during an ordinary visit to the park. Electric equipment reduces exhaust in places where children play, families gather, and neighbors walk. It can also make park maintenance less disruptive by reducing the noise that comes with gas-powered tools. A quieter blower, mower, or utility vehicle may seem like a small change, but across many parks, trails, and community centers, those changes begin to matter.

Going Green in the District



For staff, the difference is just as meaningful. Battery-powered tools often require less routine maintenance, do not need mixed fuel, and can be easier to start in the field. Less exhaust means crews are breathing in cleaner air during daily work. Reduced noise and vibration can also make long days of trimming, mowing, and maintaining park spaces more manageable.

This environmentally friendly approach also places the District among the leaders in this area within California recreation and park districts. While many agencies are still exploring how to add EV chargers, solar panels, and electric equipment, the District has already been putting these improvements to work across several sites and operations. Nicholas Park, Pat O'Brien Community Center, Fruitridge Community Park, and District support facilities are all part of a larger effort to build cleaner infrastructure into everyday public service.

The work is not always simple. New equipment requires planning, staff training, electrical capacity, grant funding, and patience as technology continues to improve. Some tools fit certain jobs better than others, and the District continues to learn what works best in real park conditions for daily park operations.

Going green in the District is not about one project or one piece of equipment. It is about making careful choices that support the people who use our parks, the employees who care for them, and the community that will depend on these spaces for generations to come.



Picture Perfect Proposal

A photograph has a way of transcending time and generations. Each one tells a unique story and marks a moment in time. In December 2020 as the COVID-19 pandemic continued to affect indoor programming, Pictures in the Park was born by recreation department staff looking for a unique opportunity to connect with the community. From a family celebrating grandma's 90th birthday to LinkedIn profile pictures, recreation staff have had front row seats to many special occasions. One special family was Amanda and her three kids who started coming to document her family's moments together in 2024. A few sessions later Amanda introduced her boyfriend to their new tradition. In April 2026 when Amanda and her family arrived her boyfriend came to show photos of an "event" they had attended to our staff and volunteer photographer. Instead of photos, there was a note on the phone saying we were going to be a part of his surprise proposal. Staff immediately spurred into action considering the right shot for the proposal and without Amanda knowing a plan was hatched for her surprise engagement. Staff had Amanda and her soon-to-be fiancé walk through the grass at Ted M. Klein Park, and as they turned around to walk towards the camera her boyfriend dropped to one knee and proposed! Staff feel incredibly lucky to forever be a part of Amanda's next chapter.



Pictures in the Park

Is your family in need of seasonal outdoor photos? We're offering a program to make your holiday card photos, family portraits, and special days easier to document forever! You and your family will meet staff at a designated park for a 25-minute photo session. All pictures will be saved to a flash drive that you will receive after your session. Use the photos taken during your session to create your own cards, calendars, or prints for your home! Participants are encouraged to bring props and pets for the photoshoot.



Florin Creek Park

Code	Session	Day	Time	Fee
31744	9/19	S	9:30 a.m.	\$55
31745	9/19	S	10 a.m.	\$55
31746	9/19	S	10:30 a.m.	\$55
31747	9/19	S	11 a.m.	\$55
31748	9/19	S	11:30 a.m.	\$55
31749	9/19	S	1 p.m.	\$55
31750	9/19	S	1:30 p.m.	\$55
31751	9/19	S	2 p.m.	\$55
31752	9/19	S	2:30 p.m.	\$55
31753	9/19	S	3 p.m.	\$55

Silver Leaf Park

Code	Session	Day	Time	Fee
31754	11/21	S	9:30 a.m.	\$55
31755	11/21	S	10 a.m.	\$55
31756	11/21	S	10:30 a.m.	\$55
31757	11/21	S	11 a.m.	\$55
31758	11/21	S	11:30 a.m.	\$55
31759	11/21	S	1 p.m.	\$55
31760	11/21	S	1:30 p.m.	\$55
31761	11/21	S	2 p.m.	\$55
31762	11/21	S	2:30 p.m.	\$55
31763	11/21	S	3 p.m.	\$55

Saturday, September 26
10 a.m. – 12 p.m.

Don & Brenda Nottoli Community Park,
Dog Park

Registration is required, but participation
is FREE!

*Day of registration is available on-site

Event Schedule:

10 a.m.—Registration for competition,
Vendor Booths Open

10:30 a.m.—Competitions Begin

11:30 a.m.—Award Announcements



Pups in the Park

Break out your pup's wardrobe and let them strut their stuff for the Best Dressed Dog title or show off their skills in the Best Trick or Fastest Dog competitions.

All canine companions are welcome: any age, any size, any shape. All pets must be friendly and kept on a leash. To learn more or to pre register your dog, call (916) 526 0234 or visit southgaterecandpark.gov.

Gator Club for Teens

The Gator Club Teen Center is a growing hub for teens in our community to connect with one another; while enjoying the hobbies they love after school. All students from grades 7–12 are welcome to come and enjoy all that Pat O'Brien Community Center has to offer—from sports and games to resources and support from our Recreation Leaders. Over the last few years, the Gator Club has expanded to build a vibrant community for the local youth, and we plan to keep growing this momentum! Gator Club returns for the school year on Wednesday, September 9, 2026.

Gator Club amenities include homework assistance, basketball, volleyball, board games, and video games.

Gator Club runs during the school year, every Wednesday & Friday from 2:45 p.m. – 6 p.m.

Drop-in Fee: \$6 (participant waiver must be signed by parent/guardian prior to attending)

Gator club is closed for Holidays, large private rentals, or facility maintenance. Please check social media for updates on club closures



Fall Community Yard Sale

Ready to clear out the clutter and earn some money while you're at it? Join us at Southgate Recreation & Park District's Fall Community Yard Sale! For only \$30, you'll get two side by side spaces in the busy Pat O'Brien Community Center parking lot, giving you a great own mini garage sale and connect with local bargain hunters.



Pat O'Brien Community Center parking lot

Code	Session	Day	Time	Fee
31699	10/3	S	8 a.m. – 1 p.m.	\$30

Splashing Pumpkins

Join us Saturday, October 10 from 2 p.m. to 4 p.m. at the Christine Thompson Aquatic Center for a chance to swim to your choice of pumpkin! This unique event features family-friendly carnival games, photo booth, trunk or treat, costume contest and pumpkin decorating. This family event is strictly limited to children accompanied by their parent(s) or guardian(s). Children under 7 years of age must be accompanied by an adult at all times, including in the water. All regular pool rules apply. Adult admission is free when accompanying children.

**Weak or non-swimmers should bring a Coast Guard approved life jacket. (The pool has some lifejackets available for loan)*



October 10

2 p.m. – 4 p.m.

Christine Thompson Aquatic Center

12 & under (accompanying members from their household are free)

Fee: \$8 Code: 31985

Annual Halloween Carnival and Haunted House

Join us on Saturday, October 31 from 5 p.m. – 8 p.m. for an evening of Halloween fun with family and friends. Have fun testing your skills with our carnival games or test your bravery in our haunted house or just walk through our kid friendly version. Enjoy food and drinks from our concession stand and watch a family friendly Halloween film. The evening includes arts and crafts, a photo booth, and a candy walk where kids can fill their Halloween bag with some of their favorite candy. Children under 13 must be accompanied by an adult. Admission for children under 16 is \$5. Adult admission is free for the carnival, and \$2 for unlimited Haunted House visits.



Saturday, October 31

5 p.m. – 8 p.m.

Jose P. Rizal Community Center

Children (16 and under) - \$5

Adults (Carnival) - FREE

Adults (Haunted House) - \$2 for unlimited visits



Fall Vendor and Craft Fair

Join us for our annual Fall Vendor and Craft Fair on Saturday, November 21, 2026 from 9 a.m. – 2 p.m. at Pat O'Brien Community Center. Come on out and get some early holiday shopping done. There will be a variety of handmade local products, holiday/seasonal decor, children's items, custom jewelry, original artwork, photography, craftsmanship and more from local vendors. There will also be food trucks, and activities for the entire family! Interested in being a vendor? Contact Maurissa Spiller at mspiller@southgaterecandpark.gov



Registration for Evening with Santa

Registration for the Evening with Santa event will take place Monday, November 9 – Friday, November 13 between 9 a.m. and 4:45 p.m. at Jose P. Rizal Community Center, located at 7320 Florin Mall Drive and 9 a.m. and 1:45 p.m. at Fruitridge Community Center, located at 4000 Fruitridge Road. There is room for only 300 people at this magical Evening with Santa event, which takes place on Friday, December 18 at

Jose P. Rizal Community Center. On Wednesday, November 18, a drawing will be held with all completed and qualified applications received to fill in the available spaces for this event. Those who are selected in the random drawing will be contacted by Wednesday, November 25. This event is limited to children 0–17 years of age, and two adults per family to accompany the children.

To register, you must reside within

the District's boundaries and qualify for assistance. Please bring the following information to confirm you qualify and register for this event.

- Identification with current address or identification plus utility bill or property tax bill with the current address and name to prove residency.
- Proof of financial assistance (WIC, EBT-Electronic Benefit transfer, food stamps, MediCal, Child Action, Free or Reduced Lunch



Letters from Santa

Would your child(ren) like to receive a letter from Santa? Here in the North Pole, Santa's helpers are assisting in getting a letter to your child(ren) from the jolly fellow himself. Each letter will be addressed to your child(ren) and stamped with St. Nick's signature. This program is guaranteed to bring a smile to your child(ren)'s face!

Code	Session	Days	Time	Fee
31764	11/2-12/4	M-F	9 a.m. – 5 p.m.	\$2/letter



Community Resources

BASEBALL

Parkway Little League..... (916) 416-7310
parkwaylittleleaguesacramento.org

FOOTBALL

Sacramento Raiders Youth Organization..... sacraiders.com

SOCCER

Fruitridge Soccer Club..... sysl.com

Parkway Soccer Club..... parkwaysoccer.com

Sacramento Super Soccer Adult League..... (916) 716-1227

Elk Grove Youth Soccer..... elkgrovesoccer.com

Inter Rage Academy of Soccer..... iracademysoccer.com

SWIMMING

Sac Town Tsunami Swim Team..... www.tsunamiswim.com

TENNIS

Southgate Tennis Club..... (916) 531-6543

COMMUNITY GROUPS

Florin Historical Society..... florinhistoricalsociety.org

Parkway Estates Neighborhood Assoc..... (916) 421-7269

Silver Legends
 Neighborhood Assoc..... silverlegendsnw@gmail.com

South Oak Park
 Community Assoc..... Facebook.com/southoakpark

Book
 Your Next
Event
 With Us
 Today!

See pages 46-49
 for more info





This past spring, Fruitridge Soccer Club celebrated several championship performances, including the 17B Mini Elite, 14/15G Lady Republic, 14B United, 13B Villarreal, and 10B Real Sac teams.

Fruitridge Soccer Club: Community Roots, Growing Forward

For many families, soccer starts with a simple moment: a child stepping onto the field, meeting their coach, and learning where to stand for the first time. Before long, that first practice becomes a team, that team becomes a routine, and the field becomes a place where families gather, friendships grow, and young athletes learn lessons that carry far beyond the game.

Fruitridge Soccer Club has been part of the Sacramento soccer community since the 1970s. The club was founded to provide affordable and competitive soccer opportunities for local youth while creating a positive environment centered on development, teamwork, and community. Today, Fruitridge Soccer Club continues to serve hundreds of players throughout the Sacramento area through both recreational and competitive soccer programs.

The club welcomes players of many ages and experience levels, from young beginners learning the game to older athletes looking for advanced competition and future playing opportunities. This gives families the chance to choose the level of commitment that best fits their child's goals, experience, and interest in the sport.

At Fruitridge Soccer Club, growth is measured by more than wins and championships. The club's mission is to

provide an inclusive, affordable, and development-centered soccer experience that empowers young athletes through teamwork, discipline, leadership, and community. Coaches work to help players build confidence, respect, accountability, resilience, and sportsmanship while also developing their skills on the field.

One of the club's proudest traditions is seeing former players return as coaches and mentors. Many current coaches grew up playing in the club and now give back to the next generation. That family atmosphere continues to shape the club and helps create a place where players feel supported, challenged, and encouraged.

Fruitridge Soccer Club is maintained entirely through volunteers. Coaches, board members, and families all give their time to help the organization continue growing forward. Their commitment helps keep soccer accessible for hardworking families and supports the club's belief that finances should never prevent a child from playing.

As a member of Southarea Recreation, Inc. (SRI), Fruitridge Soccer Club benefits from access to quality fields



and facilities that help coaches provide a positive and competitive environment for players. This partnership strengthens the club's ability to continue serving local families and building community through soccer.

This past spring, Fruitridge Soccer Club celebrated several championship performances, including the 17B Mini Elite, 14/15G Lady Republic, 14B United, 13B Villarreal, and 10B Real Sac teams. These accomplishments reflect the hard work of players, coaches, parents, and volunteers working together.

Fruitridge Soccer Club plans to continue participating in regional tournaments, community events, and player development activities while expanding opportunities for local athletes. As Southgate Recreation & Park District continues Growing Forward, clubs like Fruitridge Soccer Club show how recreation can help young people build confidence, connection, and a lasting sense of community. For more information, follow Fruitridge Soccer Club on Instagram at @fruitridgesoccerclub or Facebook at Fruitridge Soccer Club.

OLDE FLORINTOWN PARK IMPROVEMENTS

Olde Florintown Park received several exciting upgrades that wrapped up in summer 2026, bringing new amenities and improved accessibility to the neighborhood park. A new basketball court lighting system now allows for expanded evening use, creating more opportunities for recreation after sunset. The park's restroom building was also refinished and reopened for public use. Additional improvements included new park benches installed around the basketball court, fresh landscaping enhancements, and a new drinking fountain to better serve park visitors. These improvements were supported by the Sacramento Housing and Redevelopment Agency Community Development Block Grant Program. Concrete walkways throughout the park that had developed cracks were replaced to help ensure safe and accessible travel for all visitors thanks to funding from the



Sacramento County Neighborhood Improvement Incentive Program. These improvements have created a more welcoming, functional, and enjoyable space for the entire community.

JIMMIE R. YEE PARK IMPROVEMENTS PROJECT

Our newly upgraded neighborhood park is officially ready to enjoy. The addition began in September 2025 and wrapped up in spring 2026. This upgraded space was built with the entire community in mind. The new adult fitness area provides a free, accessible, and inclusive space to help you reach your wellness goals. Plus, with extensive new shade structures keeping the park cooler, you and your family can stay, play, and exercise comfortably, even on the sunniest days. Beautiful fresh landscape and newly planted shade trees, and additional trash receptacles complete the park makeover.

Come check out the improvements today and find your new favorite spot!





WILDHAWK GOLF CLUB SHADE STRUCTURE PROJECT

Your afternoon at the golf course just got a massive upgrade—welcome to the stunning new patio experience at WildHawk Golf Club! The Shade Structure Project construction officially kicked off in March 2026 to expand our back patio and built a premium outdoor lounge space. The entire project wrapped up in summer 2026, perfectly in time for warm weather and sunny days on the green.

The newly expanded concrete patio overlooks a beautiful sparkling pond and the exiting final action at hole 18. Relax under a massive 25'x 60' shade structure featuring a gorgeous, custom-finished redwood tongue-and-groove sub-roof with fans. With new electrical improvement, this vibrant outdoor space is suited for

both daytime golf breaks and lively after-hours events for future live music and dancing.

A brand-new concrete walkway connecting the parking lot directly to the front building entrance, alongside upgraded accessible parking spaces are just one of the many upgrades that are part of the Golf Club frontage improvements that have been ongoing over the last several months.

Whether you are staying cool under the shade while waiting for your tee time or enjoying a delicious bite from the WildHawk Grille, this upgraded space is designed to be your new favorite community hangout. We cannot wait to welcome you out here to relax, unwind, and soak in the views all year long!



FRUITRIDGE COMMUNITY CENTER AND PARK RENOVATION AND EXPANSION PROJECT

Construction at Fruitridge Community Park continues as the transformation of the park moves steadily forward. Many of the planned improvements are now visible throughout the site. Hydroseed has been applied to the future turf areas, pathways have been completed, and shade structures have been erected throughout the park. Additional site improvements, including the front parking lot, frontage enhancements along Fruitridge Road, and the drive lane on the east side of the park, have also been completed.

While the park is beginning to look more inviting each day, it remains an active construction site and is not yet open to the public. Construction activity will continue through the summer and into the fall as crews focus on completing the remaining park amenities and public art installations, including murals throughout the site.

Work is also progressing at the Fruitridge Swim Center. The existing pool wall and deck have been removed in preparation for the expansion and renovation of the facility. Upcoming improvements will include

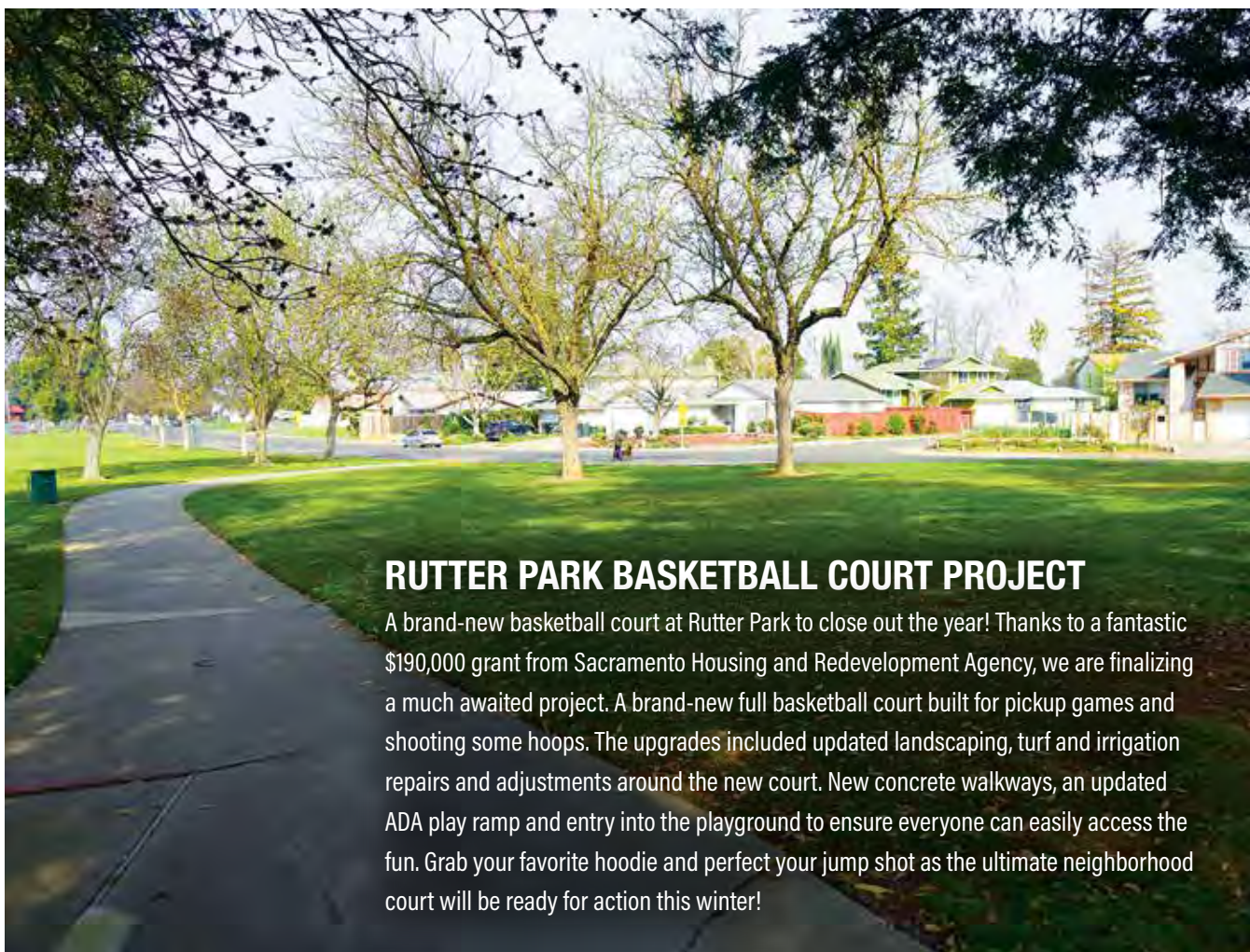
enhancements to the pool, upgrades to the pool mechanical room, and other features designed to improve the overall swim center experience for the community.

The project is made possible through Proposition 68 and supported by the California Natural Resources Agency and California State Parks. The Fruitridge Community Center and Park had its grand opening celebration on August 27, 2026 and is ready to welcome the community with a wide range of new amenities and improvements.



HOWARD P. TILLOTSON PARKWAY EXTENSION PROJECT

Construction is moving forward on the Howard P. Tillotson Parkway Extension Project, which will close an 800-foot gap in the existing trail system north of T.R. Smedberg Middle School and Sheldon High School. The new connection will improve trail access for neighborhood residents and provide students with an easier and safer route to school. Improvements include 800 feet of new asphalt trail, additional shade trees, landscaping upgrades, and downward-facing trail lighting designed to improve visibility and help reduce loitering along the corridor. The project is funded in part through a federal grant administered by the California Department of Transportation (Caltrans). Once completed, the project will create an important link to the Laguna Creek open space and trail system. Construction is scheduled in summer 2026, with the trail expected to open for public use in fall 2026.



RUTTER PARK BASKETBALL COURT PROJECT

A brand-new basketball court at Rutter Park to close out the year! Thanks to a fantastic \$190,000 grant from Sacramento Housing and Redevelopment Agency, we are finalizing a much awaited project. A brand-new full basketball court built for pickup games and shooting some hoops. The upgrades included updated landscaping, turf and irrigation repairs and adjustments around the new court. New concrete walkways, an updated ADA play ramp and entry into the playground to ensure everyone can easily access the fun. Grab your favorite hoodie and perfect your jump shot as the ultimate neighborhood court will be ready for action this winter!

NORMAN S WATERS PARK ADA SIDEWALK IMPROVEMENTS

Norman S. Waters Park received major upgrades to make the park more accessible for everyone! A new pathway now links the park directly to Elsie Avenue along the west side of the park. An accessible ramp with secure handrails is now installed behind the northside backstop and dugout along with new trees and decorative boulders. More trees were planted west of the new pathway and the park's irrigation system got some repairs and modifications to accommodate the new improvements. Right near the playground, crews installed a concrete pad topped with a new precast concrete picnic table. It is the perfect new home base for birthday parties, snacks, and keeping an eye on the kids.



MANUEL MEJIA JR. PARK

We are thrilled to announce the construction has officially begun on the brand-new Manuel Mejia Jr. Park! Through a special turnkey agreement with Lennar Homes of California, this 6.9-acre park within the Gardner Parke Subdivision began construction this summer and will be ready for action in a year.

Park improvements include two soccer fields, a baseball/softball backstop, large and small playground equipment, two shade structures, multi sports courts with lighting and a full basketball court with lighting. This beautiful new park will be a vibrant hub for fitness, play, and community connection. Keep an eye out for construction updates as we build a lasting space to honor a true community leader!



PARKS DEPARTMENT UPDATE

As fall arrives, our parks begin their annual transformation into a beautiful display of seasonal colors. Fall has always been our favorite time of year, and it is especially enjoyable to see residents taking advantage of our parks, trails, and open spaces as the leaves begin to change. While the community enjoys the beauty of the season, the Parks Department is already planning and preparing projects that will help care for our parks, trees, streetscapes, and open spaces throughout the coming months.

This past spring and summer were busy and productive seasons for our team. The Parks Department partnered with Habitat for Humanity of Greater Sacramento during the Oak Park Rock the Block event at Jack Davis Park. Together, volunteers and staff planted three shade trees, installed 1,200 square feet of drought-tolerant turf, and refreshed the park with newly painted benches.

Over the last quarter, our team planted 25 new shade trees throughout the District and replaced 20 park rules signs to improve park safety and appearance. We also completed irrigation system reviews and repairs at 39 park sites to ensure water is being used efficiently while maintaining healthy landscapes and enjoyable recreational spaces for residents.

The Parks Department was proud to host Rain Bird Irrigation training classes from June 2-4 at Fletcher Farm Community Center. Four employees, including Parks Manager Muhammad Ali, attended the training, which focused on irrigation

troubleshooting, programming, and central control system operations. Continuing educational opportunities like these help our staff stay current with industry best practices and improve the services we provide to the community.

During late spring and early summer, crews were also busy with weed abatement efforts along bike trails, open spaces, and other public areas. These efforts help improve safety, reduce fire hazards, and keep our parks looking their best. In addition, staff adjusted soccer goals and sports field configurations at Florin Creek Park and Don & Brenda Nottoli Community Park to better manage turf wear and provide quality playing conditions for local sports organizations and recreational users.

As we move into the fall season, our focus will shift to mulching and mowing fallen leaves, detailed park cleanups, tree pruning, and seasonal landscape maintenance. These activities help keep our parks healthy, attractive, and ready for year-round enjoyment.

None of this work would be possible without the dedication of our outstanding Parks Department team. On behalf of the entire Parks Department, thank you for your continued support and appreciation of our parks and open spaces. We hope you and your family enjoy a wonderful fall season filled with outdoor recreation, community events, and the beauty that makes our parks such special places.

WildHawk Golf Course Maintenance

At WildHawk Golf Club, the concept of "Growing Forward" extends far beyond the turf we maintain every day. It reflects our commitment to continuous improvement, professional development, and the thoughtful adoption of new technologies and practices that help us provide the best possible playing conditions while being responsible stewards of our resources.

The golf course maintenance industry is constantly evolving. New research, equipment, and management techniques are developed every year, creating opportunities to improve turf health, efficiency, sustainability, and overall golfer experience. Our maintenance team actively works to stay informed through industry education, networking with other golf course professionals, participation in training programs, and staying current with research from universities and industry organizations.

One example of this commitment is our recent use of the Air2G2 soil aeration system on our putting greens. Traditionally, core aeration has been one of the most effective methods for relieving soil compaction and improving root health, but it can also be disruptive to putting surfaces during recovery periods. The Air2G2 machine allows us to inject air beneath the surface of the greens, improving oxygen exchange and reducing compaction while minimizing disruption to play. While traditional aeration remains an important tool in our agronomic program, technologies such as Air2G2 provide us with additional options that can help maintain healthy turf while reducing the impact on our golfers.

We have also begun modernizing our equipment fleet with a growing number of hybrid and electric-powered vehicles and tools. Recent additions include new electric utility carts and battery-powered handheld equipment.

These investments help reduce fuel consumption, lower emissions, decrease noise levels around the golf course, and improve reliability for our staff. Quieter equipment allows us to perform maintenance activities with less disruption to golfers and neighboring areas while supporting broader sustainability goals.

Growing forward also means evaluating every aspect of our operation with a focus on long-term success. Whether it's refining irrigation practices to use water more efficiently, implementing improved turf management techniques, or investing in equipment that enhances productivity and safety, our goal is to make thoughtful decisions that benefit both the golf course and our community.

None of these improvements happen without the dedication of our maintenance team. Their willingness to learn, adapt, and embrace new ideas allows WildHawk to continue improving while maintaining the high standards our golfers expect. As technology and best management practices continue to advance, we remain committed to identifying innovations that make sense for our facility and implementing them where they can provide real value.

The future of golf course maintenance is built on a balance of tradition, science, and innovation. At WildHawk, we are proud to be embracing that future; continuing

to grow forward in ways that enhance course conditions, improve sustainability, and create a better experience for everyone who enjoys our golf course.



Jeremy Payne
Golf Course Superintendent
WildHawk Golf Club



Youth On Course

Most public golf courses offer junior rates to golfers under the age of 18. Even though junior rates do come with time-of-day or day-of-week restrictions they are standard at most public courses. Reduced junior rates encourage entry into the game of golf by reducing the cost barrier.

A junior can get even further reduced rates if they are members of the Youth On Course (YOC) program. Courses charge a reduced rate to YOC golfers that are lower than their normal posted junior rate, and YOC subsidizes the difference. At WildHawk, for example, we charge \$15 for a weekday junior green fee, but a YOC member pays only \$5 and YOC subsidizes the other \$10. It's a win – win, for the junior golfer and the golf course. WildHawk is a big supporter of the YOC program hosting 2666 Youth On Course rounds last year.

The Youth On Course is more than just a reduced green fee for junior golfers. To become a member the junior golfer must take an online golf knowledge and safety course and adhere to a YOC Member Code of Conduct when visiting a participating course. Not adhering to the policies may include revocation of membership. The YOC program is part of the Northern California Golf Association and also offers college scholarships, caddie programs and much more. If a junior golfer wants to become a member of Youth On Course visit www.youthoncourse.org.



youth on course

Bogies & Brews

WildHawk will be hosting Bogies & Brews Oktoberfest on Saturday, October 10, 2026 with a 3 p.m. shotgun start. Previous Bogies & Brews have featured most of the craft brewers in the Sacramento region, including: Track 7, Device, New Glory, Knee Deep and many more. Bogies & Brews pairs nine holes of fun scramble golf and features three craft beers throughout the round finishing off with delicious BBQ. The price can't be beat either! \$64 per player for 9 holes of golf, which includes golf cart, range balls, two craft beers of your choosing, plus three craft beer pour stations on the course and a delicious bratwurst BBQ afterwards. Watch the wildhawkgolf.com website for this event's craft beer lineup, it will not disappoint. Call WildHawk at (916) 688-4653 to sign up or visit wildhawkgolf.com for more information.

WILDHAWK GOLF CLUB PRESENTS

**BOGIES
AND BREWS
OKTOBERFEST**

Fall Golf in Sacramento

As the temperatures begin to cool and the leaves start to change, fall is one of the best times of year to enjoy golf at WildHawk Golf Club. Cooler mornings, comfortable afternoons, and excellent course conditions create the perfect setting for golfers of all skill levels to get out and play.

Fall golf offers a more relaxed pace while still providing ideal playing conditions. Whether you are looking to enjoy a casual round with friends, improve your game, or become part of a golf community, WildHawk has something for everyone. Our 18-hole public golf course, full driving range, and experienced instructional staff make it easy to continue sharpening your game throughout the season.

Players can also take advantage of our fully stocked pro-shop featuring the latest top-of-the-line golf merchandise and equipment. It is a great time of year to gear up for the season ahead or find the perfect gift for the golfer in your life.

WildHawk is proud to offer several welcoming golf groups and clubs for players looking to connect with others who enjoy the game. The WildHawk Seniors, open to both

men and women, play every other Thursday. The WildHawk Women's Club tees it up every Wednesday, offering fun competition and camaraderie. Golfers can also join the WildHawk Players Association, a monthly club open to both men and women who enjoy tournament-style events and social golf.

There is no better season to enjoy the beauty of the course, improve your game, and spend time with fellow golfers than fall at WildHawk Golf Club. Whether you are joining friends for a relaxing round, practicing on the range, shopping the latest gear in the pro shop, or becoming part of one of our welcoming golf groups, WildHawk is the perfect place to experience everything great about fall golf. Book your tee time today through the WildHawk app or call the golf shop to reserve your spot and

experience why so many golfers make WildHawk their home course each fall season.



Mandy Garcia
Director of Golf
WildHawk Golf Club



Thank You for Your Service

WildHawk takes the opportunity on Veterans Day to honor military veterans by offering complimentary green fees to active and retired US military. It has proven to be one of our busiest days of the year. Veterans love to play that day and be surrounded by others who have served our country and also love the game of golf. All branches of the military, Army, Navy, Air Force, Marines and Coast Guard, are represented by flying their flag on the clubhouse entryway.

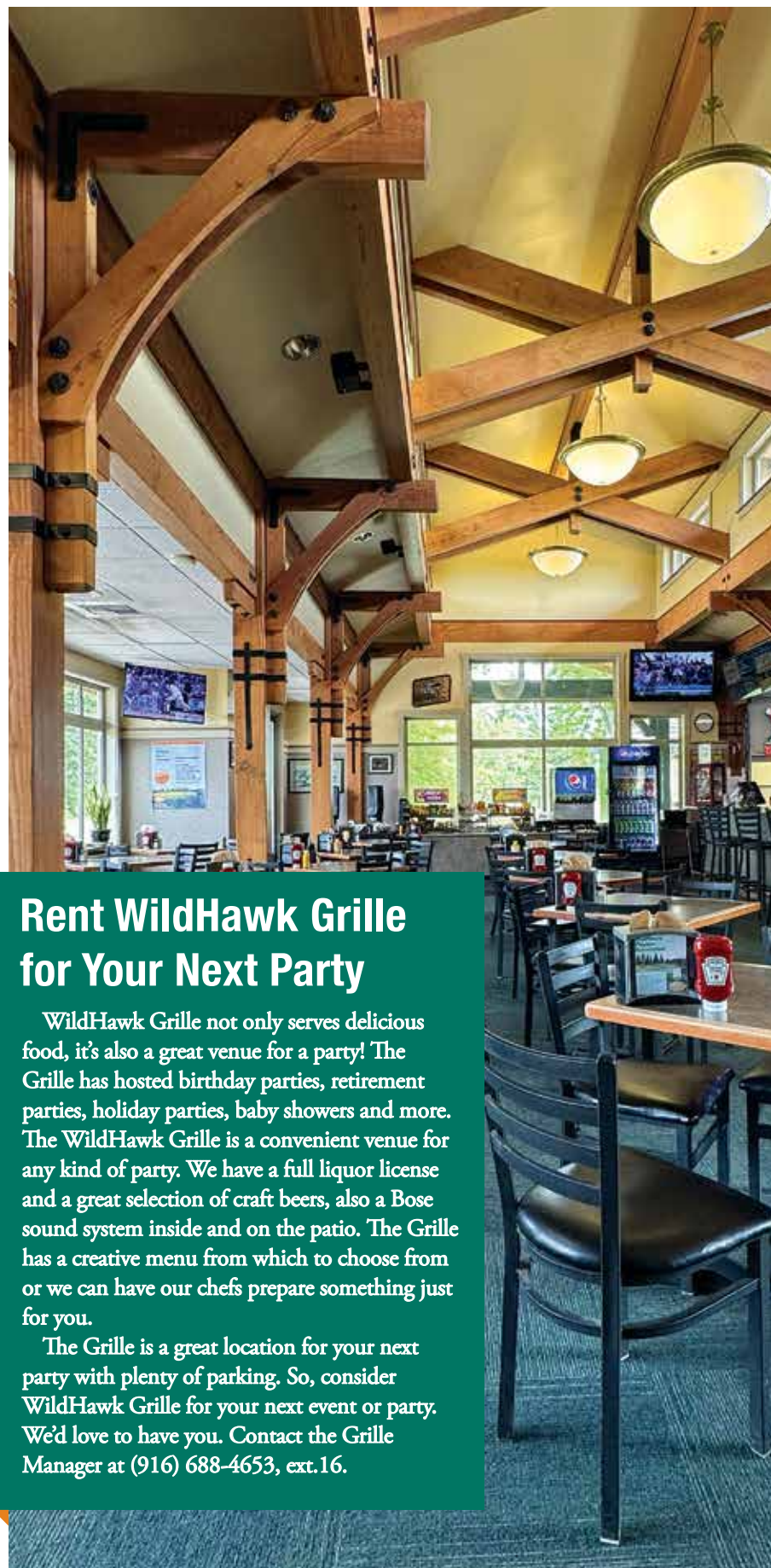
Tee times for Veterans Day often go very quickly, so if you are a veteran or know one, please call WildHawk Golf Club at 916-688-4653 on November 4 to book your tee time on Veterans Day.



Rent WildHawk Grille for Your Next Party

WildHawk Grille not only serves delicious food, it's also a great venue for a party! The Grille has hosted birthday parties, retirement parties, holiday parties, baby showers and more. The WildHawk Grille is a convenient venue for any kind of party. We have a full liquor license and a great selection of craft beers, also a Bose sound system inside and on the patio. The Grille has a creative menu from which to choose from or we can have our chefs prepare something just for you.

The Grille is a great location for your next party with plenty of parking. So, consider WildHawk Grille for your next event or party. We'd love to have you. Contact the Grille Manager at (916) 688-4653, ext.16.





SPECIAL EVENT

SPLASHING PUMPKINS

Join us Saturday, October 10 from 2 p.m. to 4 p.m. at Christine Thompson Aquatic Center for a chance to swim to your choice of pumpkin! This unique event features family-friendly carnival games, photo booth, trunk or treat, costume contest and pumpkin decorating. This family event is strictly limited to children accompanied by their parent(s) or guardian(s). Children under 7 years of age must be accompanied by an adult at all times, including in the water. All regular pool rules apply. Adult admission is free when accompanying children.

Weak or non-swimmers should bring a Coast Guard approved life jacket. *(The pool has some life jackets available for loan)*

Date: October 10

Time: 2 – 4 p.m.

Location: Christine Thompson Aquatic Center

Ages: 12 & under (accompanying members from their household are free)

Fee: \$8

Code: 31985

SAFETY CLASSES



ADULT AND PEDIATRIC FIRST AID/CPR/AED

This American Red Cross course trains lay responders to recognize and care for life-threatening respiratory or cardiac emergencies in adults, infants, and children and care for a variety of first aid emergencies. *Upon successful completion of the course, participants receive the following certification: "Adult and Pediatric First Aid/CPR/AED"*

Location: Pat O'Brien Community Center

CODE	SESSION	DAYS	TIME	FEE
32715	9/11	F	9 a.m. – 3 p.m.	\$80
32716	9/12	S	9 a.m. – 3 p.m.	\$80
32709	11/20	F	9 a.m. – 3 p.m.	\$80

Location: Fletcher Farm Community Center

32710	11/21	S	9 a.m. – 3 p.m.	\$80
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SPECIALTY PROGRAMS



LAP SWIM

Lap swimming is a great low-impact workout that promotes cardiovascular fitness and a healthy lifestyle. Children under 14 are not permitted without supervisor approval. To schedule a time, contact Colin Pitz at cpitz@southgaterecandpark.gov. Must be able to swim 50 yards unassisted. Note: The current lap swim schedule is posted at southgaterecandpark.gov

Location: Christine Thompson Aquatic Center

Fee: \$60/10-punch pass, \$7 drop-in

PASSES ARE NON-REFUNDABLE AND NON-TRANSFERRABLE.

Lap swim punch passes may be used at Christine Thompson Aquatic Center and are valid for one year after purchase date.

SPECIAL INTEREST INSTRUCTOR OPPORTUNITIES



Southgate Recreation & Park District is currently seeking instructors to offer fun and exciting recreational and

educational classes to our community. We offer classes for Adult, Youth, and Toddlers, as well as activities specifically designed for individuals over the age of 50.



The following areas are suggestions for class proposals:

- Health & Fitness: Yoga, Dance, Aerobics, Gymnastics, etc.
- Music
- Performing Arts
- Dog Obedience
- Arts & Crafts
- Cooking
- Nature Activities
- Youth Camps



For more information, please contact Kate Miller at Fruitridge Community Center, (916) 422-7610.

SPORTS & FITNESS

ITTY BITTY SPORTS



ITTY BITTY ALL SPORTS

Itty Bitty Sports is a parent participation program for children ages 3.5–5 years old. This class covers the introduction to sports, exercise, teamwork, and socialization. Throughout the year, your child will participate and learn soccer, baseball, football, and basketball. Please bring water for your child(ren), have them wear comfortable clothes they can move in, and bring a positive attitude. Each child will receive a t-shirt on the first day of class and a certificate of completion on the last day of class.

Location: Don & Brenda Nottoli Community Park

CODE	SESSION	DAY	TIME	FEE
31724	8/27-10/1	Th	5:30 – 6:30 p.m.	\$60
31711	10/8-11/12	Th	5:30 – 6:30 p.m.	\$60

ITTY BITTY SOCCER

Itty Bitty Soccer is a parent participation program for children ages 3.5–5 years old, participants move from station to station learning the fundamentals required for soccer. With the help of trained instructors, this program builds confidence, motor skills and offers a positive early experience in soccer. This is a fun way to spend quality time with your child(ren) and its non-competitive program. Each child will receive a t-shirt on the first day of class and a certificate of completion on the last day of class.

Location: Florin Creek Park

CODE	SESSION	DAY	TIME	FEE
31725	8/26-9/30	W	5:30 – 6:30 p.m.	\$60

Location: Edwin A. Smith Community Park

CODE	SESSION	DAY	TIME	FEE
31718	9/14-10/19	M	5:30 – 6:30 p.m.	\$60

Location: Larry Gury Community Park

CODE	SESSION	DAY	TIME	FEE
31710	8/25-9/29	T	5:30 – 6:30 p.m.	\$60
31717	10/6-11/10	T	5:30 – 6:30 p.m.	\$60



ITTY BITTY BASKETBALL

Itty Bitty Basketball is a parent participation program for children ages 3.5–5 years old. Participants move from station to station learning the fundamentals required for basketball. With the help of trained instructors, this program builds confidence, motor skills and offers a positive early experience in basketball. Please bring water for your child(ren), wear comfortable clothes, and bring a positive attitude. Each child will receive a t-shirt on the first day of class and a certificate of completion on the last day of class.

Location: Jose P. Rizal Community Center

CODE	SESSION	DAY	TIME	FEE
31716	11/9-12/14	M	5:30 – 6:30 p.m.	\$60

Location: Pat O'Brien Community Center

CODE	SESSION	DAY	TIME	FEE
31712	11/17-12/22	T	6 – 7 p.m.	\$60



JUNIOR CHOMPS ALL SPORTS

The Junior Chomps program is a fun and exciting program for children ages 6–8 years old. This program covers the basic skills and drills for soccer, kickball, and football. Each week the instructors will teach your child(ren) how to play the sport, build up confidence, teamwork and offer a positive experience in sports. Make sure your child wears comfortable sneakers.

Location: Don & Brenda Nottoli Community Park

CODE	SESSION	DAY	TIME	FEE
32761	8/27-10/1	Th	7 – 8 p.m.	\$75

Location: Larry Gury Community Park

CODE	SESSION	DAY	TIME	FEE
32762	8/25-9/29	T	7 – 8 p.m.	\$75

Location: Florin Creek Park

CODE	SESSION	DAY	TIME	FEE
32763	8/26-9/30	W	7 – 8 p.m.	\$75

JUNIOR CHOMPS BASKETBALL CAMP

The Junior Chomps basketball camp is a fun and exciting program for children ages 6–8 years old. This program will cover the basic skills and drills for basketball. Each week the instructors will teach your child(ren) how to play the sport, build up confidence, teamwork and offer a positive experience in sports. Make sure your child wears comfortable sneakers.

Location: Pat O'Brien Community Center

CODE	SESSION	DAY	TIME	FEE
31600	9/3-10/8	Th	6 – 7:30 p.m.	\$75
32760	10/15-11/19	Th	6 – 7:30 p.m.	\$75

CHOMPS BASKETBALL CAMP

This Chomps Basketball camp is geared towards children ages 9–11 years old. We are looking for youth who are interested in the opportunity to enhance their basketball skills. This program is under the direction of District staff. Instructors will give hands-on instruction in all areas of basketball including shooting, passing, ball handling, defense, and teamwork.

Location: Jose P. Rizal Community Center

CODE	SESSION	DAY	TIME	FEE
31597	9/3-9/24	Th	5 – 6:30 p.m.	\$60

BASKETBALL CONDITIONING CAMP

Basketball Conditioning Camp is geared toward youth ages 6–14 years old. All skill levels are welcome to come together and play organized basketball in an encouraging atmosphere and just have fun! Skill development, fitness, teamwork, sportsmanship, participation, and fun are the league's focus.

Location: Pat O'Brien Community Center

Ages: 6-8

CODE	SESSION	DAY	TIME	FEE
31592	11/23 – 11/25	M, T, W	12 – 2 p.m.	\$50

Ages: 9-14

CODE	SESSION	DAY	TIME	FEE
31593	11/23-11/25	M, T, W	2:30 – 4:30 p.m.	\$50

SOUTHGATE YOUTH BASKETBALL LEAGUE (SYBL)

Southgate Youth Basketball League (SYBL) is a recreation league geared towards youth between ages 6 – 15. The focus of this league is for all skill levels to come together and play organized basketball in an encouraging atmosphere and have fun! Skill development, fitness, teamwork, sportsmanship, participation, and fun are the league's focus. Participants will also learn

great values and how to positively impact their community. Practice will begin the week of January 4, 2027 and will be held at both Pat O'Brien Community Center and Jose P. Rizal Community Center. The league runs from January 16–March 20. Games are held at Pat O'Brien Community Center on Friday evenings and Saturday mornings 9 a.m. – 3 p.m.

Location: Pat O'Brien Community Center

Practices Begin: January 4, 2027

Games Begin: January 16, 2027

CODE	AGES	SESSION	DAY	TIME	FEE
33027	6-8	1/16/27-3/20/27	F, S	9 a.m.	\$150
33028	9-11	1/16/27-3/20/27	F, S	9 a.m.	\$150
33026	12-15	1/16/27-3/20/27	F, S	9 a.m.	\$150

Evaluation Day

Saturday,

December 12, 2026

Evaluation Times

Ages: 6–8, 9 a.m.

Ages: 9–11, 10:30 a.m.

Ages: 12–15, 12 p.m.

MARTIAL ARTS

KID KICKS

This class is taught in a “fun and games” format. Children will learn the basics of blocking, punching, and kicking. Children are taught in a fun, positive manner so they can enjoy martial arts while learning valuable life skills. *A \$45 uniform fee is payable to the instructor on the first day of class.*

**No class 11/26, 12/22, 12/24 & 12/31*

Location: Cerezo's Martial Arts, 7217 Florin Mall Drive

Ages: 4 – 7

CODE	SESSION	DAYS	TIME	FEE
31856	9/1-9/29	T	5:30 p.m. – 6:15 p.m.	\$60
31855	9/3-9/24	Th	5:30 p.m. – 6:15 p.m.	\$60
31858	10/6-10/27	T	5:30 p.m. – 6:15 p.m.	\$60
31857	10/1-10/29	Th	5:30 p.m. – 6:15 p.m.	\$60
31860	11/3-11/24	T	5:30 p.m. – 6:15 p.m.	\$60
31859	11/5-11/19	Th	5:30 p.m. – 6:15 p.m.	\$60
31862	12/1-12/29	T	5:30 p.m. – 6:15 p.m.	\$60
31861	12/3-12/17	Th	5:30 p.m. – 6:15 p.m.	\$60

INTRODUCTION TO KARATE

This introductory disciplined class covers the basics of Karate. Students are taught basic punching, blocking and kicking techniques while focusing on self-defense, mental discipline and physical fitness techniques. No uniform required for this class.

Location: International Karate Federation
8946 Vintage Park Dr.

Ages: 5 & up

CODE	SESSION	DAYS	TIME	FEE
31871	9/8-9/29	T	5:30 p.m. – 6:30 p.m.	\$55
31872	10/6-10/27	T	5:30 p.m. – 6:30 p.m.	\$55
31873	11/3-11/24	T	5:30 p.m. – 6:30 p.m.	\$55
31874	12/1-12/22	T	5:30 p.m. – 6:30 p.m.	\$55

CEREZO'S MARTIAL ARTS

The class is taught in a traditional format, teaching the basics of karate and jiu-jitsu. Children will learn the basics of blocking, punching, and kicking with an emphasis on self-defense and bully prevention. *A \$45 uniform fee is payable to the instructor on the first day of class.*

**No class 11/26, 12/22, 12/24 & 12/31*

Location: Cerezo's Martial Arts, 7217 Florin Mall Drive

Ages: 8 – 14

CODE	SESSION	DAYS	TIME	FEE
31832	9/1-9/29	T	6:15 p.m. – 7 p.m.	\$60
31831	9/3-9/24	Th	6:15 p.m. – 7 p.m.	\$60
31834	10/6-10/27	T	6:15 p.m. – 7 p.m.	\$60
31833	10/1-10/29	Th	6:15 p.m. – 7 p.m.	\$60
31836	11/3-11/24	T	6:15 p.m. – 7 p.m.	\$60
31835	11/5-11/19	Th	6:15 p.m. – 7 p.m.	\$60
31838	12/1-12/29	T	6:15 p.m. – 7 p.m.	\$60
31837	12/3-12/17	Th	6:15 p.m. – 7 p.m.	\$60





NFL FLAG FOOTBALL

Flag football teaches children ages 5–14 the fundamentals of football, good sportsmanship, and teamwork. All players will receive an NFL Flag Football reversible jersey, shorts, certificate of participation and a medal. Practices will take place during the week and games will be played on Friday and Saturday nights. This session will run from August 8–November 14.

Location: Don & Brenda Nottoli Community Park

Evaluation Day: Saturday, August 8, 2026

Evaluation Times

Ages: 5–8, 9 a.m.

Ages: 9–11, 10:30 a.m.

Ages: 12–14, 12 p.m.

CODE	AGES	SESSION	DAY	TIME	FEE
31707	5 – 8	8/8 – 11/14	F & S	9 a.m. – 4 p.m.	\$150
31708	9 – 11	8/8 – 11/14	F & S	9 a.m. – 4 p.m.	\$150
31706	12 – 14	8/8 – 11/14	F & S	9 a.m. – 4p.m.	\$150

YOUTH VOLLEYBALL

Southgate Youth Volleyball takes the excitement of this team sport and puts it into a fun-filled program. This program is designed for beginner – advanced players and will include instructions on technique, drills, teamwork, sportsmanship, and plenty of game play. Southgate staff will assist each athlete in developing the fundamentals of the game. Please have your child(ren) bring appropriate clothing, a water bottle, comfortable athletic shoes, and knee pads.

Location: Pat O'Brien Community Center

Beginner Level

**Participants in this clinic should be novice players as this is an introductory level class that focuses on skill development and learning the game.*

Ages: 9 – 15

CODE	SESSION	DAY	TIME	FEE
31776	9/1–9/22	T	4:30 p.m. – 5:45 p.m.	\$85
31778	11/3–11/24	T	4:30 p.m. – 5:45 p.m.	\$85

Intermediate Level

**Participants in this level must be able to serve, spike & scrimmage with some skill development.*

Ages: 9 – 15

CODE	SESSION	DAY	TIME	FEE
31777	9/3–9/24	Th	4:30 p.m. – 5:45 p.m.	\$85
31779	11/5–12/3	Th	4:30 p.m. – 5:45 p.m.	\$85





KIDS PAINTING CLASSES

Do you have a child who loves to be creative and learn about colors? This new paint class will explore the world of art and teach painting sessions with step-by-step instructions while learning different techniques and styles influenced by famous artists. Each child will create their own artwork during each class. A \$25 materials fee is due to the instructor on the first day of class. *No class 11/11, 12/23*

Location: Fletcher Farm Community Center
Ages: 9 – 14

CODE	SESSION	DAY	TIME	FEE
33065	9/2-9/23	W	6:15 – 7:45 p.m.	\$75
33066	10/7-10/28	W	6:15 – 7:45 p.m.	\$75
33067	11/4-11/25	W	6:15 – 7:45 p.m.	\$56 (3 classes)
33068	12/2-12/30	W	6:15 – 7:45 p.m.	\$75

WINTER BREAK CAMP

If you are looking for somewhere fun for your kids to hang out during school breaks this winter, then Southgate Recreation & Park District's Winter Break Camp at Pat O'Brien Community Center is the perfect camp for you. We offer an action-packed program that is filled with games, crafts, fitness, along with math, science, reading, history, and nutrition education. Morning and afternoon snacks are provided daily by the District. A cold lunch must be provided from home and ready to eat as there is no access to microwaves. This program is open to children ages 5–12. Teens ages 13–15 can register to be a Jr. Recreation Leader and learn what it takes to be a Recreation Leader.

**No camp on holidays including Thanksgiving week (11/26 & 11/27), Christmas Eve & Christmas Day (12/24 & 12/25) and New Year's Day (1/1/27)*

Location: Pat O'Brien Community Center

CODE	SESSION	DAYS	TIME	FEE
33097	11/23-11/25	M-W	7 a.m. – 6 p.m.	\$30-\$120/week
33103	12/14-12/18	M-F	7 a.m. – 6 p.m.	\$30-\$120/week
33111	12/21-12/23	M-W	7 a.m. – 6 p.m.	\$30-\$120/week
33117	12/28-12/31	M-Th	7 a.m. – 6 p.m.	\$30-\$120/week





NEW!

SUSHI ART MAKING CLASS: HANDS-ON ART SUSHI EXPERIENCE

In this hands-on sushi-making class, you'll learn how to create your own sushi in a fun and interactive setting. The class covers traditional roll sushi (maki), battleship sushi (gunkan maki), and hand-formed sushi (nigiri). You'll receive hands-on instruction and step-by-step guidance on sushi rolling techniques, rice handling, and assembling fillings. At the end of the class, you'll enjoy the sushi you've made yourself. All tools and ingredients are provided. Each participant will also receive an exclusive gift bag, including a bamboo sushi-rolling mat, a small surprise, and additional take-home items.

Location: Fruitridge Community Center

Ages: 15 & Up



CODE	SESSION*	DAY	TIME	FEE
33092	9/18	F	2:30 - 3:45 p.m.	\$60
33093	10/16	F	2:30 - 3:45 p.m.	\$60
33094	11/20	F	2:30 - 3:45 p.m.	\$60
33095	12/18	F	2:30 - 3:45 p.m.	\$60



SEASONAL WOOD CRAFTS CLASSES

Have you ever wanted to create your own woodcrafts, just like the ones you see on Pinterest or in craft stores but do not know how or have the skills to create them? In this class, Instructor Jim does all the leg work in creating the wood for each seasonal focused craft. Participants will be able to take the time to put their crafts together with the materials provided and prepared by the instructor in a calm environment. *A materials fee per class is due to the instructor on-site.*

Location: Pat O'Brien Community Center

Ages: 12 & Up

CODE	SESSION	DAY	TIME	FEE
33069	9/3 & 9/17	Th	6:30 - 8:30 p.m.	\$50
33070	10/1 & 10/15	Th	6:30 - 8:30 p.m.	\$50
33071	11/5 & 11/19	Th	6:30 - 8:30 p.m.	\$50
33072	12/3 & 12/17	Th	6:30 - 8:30 p.m.	\$50



ZUMBA

Zumba incorporates training (alternating fast and slow rhythms) with resistance training for a total body workout. You will sweat and can burn 600+ calories all while having a great time dancing! Bring a towel, water, and wear something flexible to move in. *Monthly, pre-registration is required. Please visit southgaterecandpark.gov to register, or reach out to instructor Corene Marshalek with questions: (916) 509-6838 *No class 9/7, 12/21*

Location: Pat O'Brien Community Center

Ages: 18 & up

CODE	SESSION	DAY	TIME	FEE
33061	9/14-9/28	M	6 - 7 p.m.	\$21 (3 classes)
33062	10/5-10/26	M	6 - 7 p.m.	\$28 (4 classes)
33063	11/2-11/30	M	6 - 7 p.m.	\$35 (5 classes)
33064	12/7-12/28	M	6 - 7 p.m.	\$21 (3 classes)

ZUMBA DROP-IN CLASSES

Location, Pat O'Brien Community Center,
8025 Waterman Road

\$3 fee is payable to the instructor at the start of each class. Classes are offered Mondays, Wednesdays, and Fridays from 10:30 a.m. – 11:30 a.m. The first class is free!

Instructor: Celeste Heidler (916) 712-1058 or email lesteeh@aol.com

PILATES SCULPT

Build deep, lean strength in this focused, low-impact muscle conditioning class. This session prioritizes slow, controlled movements and high-repetition exercises to tone your core, arms, and legs. Designed to improve muscle endurance and definition, this class focuses entirely on strength and alignment without any jumping or cardio rushes.

**No class 10/28, 11/4, 11/11, 12/23*

Location: Pat O'Brien Community Center

Ages: 16 & Up

CODE	SESSION	DAYS	TIME	FEE
33084	9/2-9/30	W	5:30 - 6:20 p.m.	\$40 (5 classes)
33085	10/7 - 10/21	W	5:30 - 6:20 p.m.	\$24 (3 classes)
33086	11/18 - 11/25	W	5:30 - 6:20 p.m.	\$16 (2 classes)
33087	12/2-12/30	W	5:30 - 6:20 p.m.	\$32 (4 classes)





HATHA YOGA

Hatha Yoga focuses on breath, balance and strengthening while leading participants through a range of Asanas (poses). This class is for all levels, modifications are encouraged. Please bring water with you to each class. Each Yoga class includes meditation, warm up, asanas, cool down and final meditation. Pre-registration is required. **No class 12/24*

Location: Pat O'Brien Community Center

Ages: 18 & up

CODE	SESSION	DAY	TIME	FEE
31802	9/3 - 9/24	Th	9 a.m. - 10 a.m.	\$28 (4 classes)
31804	10/1-10/29	Th	9 a.m. - 10 a.m.	\$35 (5 classes)
31806	11/5-11/19	Th	9 a.m. - 10 a.m.	\$21 (3 classes)
31808	12/3-12/31	Th	9 a.m. - 10 a.m.	\$28 (4 classes)

KUNDALINI YOGA: WISE WOMEN RISING

Menopause is when a woman's monthly period stops. Before that, there's a stage called perimenopause. This can last a few years and sometimes makes the body feel a little wild—hot flashes, tiredness, cranky moods, forgetfulness, and more. This isn't about fixing you—it's about supporting you. Your body is changing, not failing—and with the right tools, you can move through this season with more ease and flow. In this series, you'll learn simple, guided practices to release tension, calm your mind, improve sleep,



Location: Pat O'Brien Community Center

Ages: 30 & Up

CODE	SESSION	DAY	TIME	FEE
33076	8/4-8/25	T	6 - 7 p.m.	\$28 (4 classes)
33077	9/1-9/29	T	6 - 7 p.m.	\$35 (5 classes)
33078	10/6-10/20	T	6 - 7 p.m.	\$21 (3 classes)
33079	11/10-11/24	T	6 - 7 p.m.	\$21 (3 classes)
33080	12/1-12/22	T	6 - 7 p.m.	\$28 (4 classes)

Location: Fruitridge Community Center

Ages: 30 & Up

CODE	SESSION	DAY	TIME	FEE
33081	9/3-10/1	T	12:30 - 2 p.m.	\$35 (5 classes)
33082	10/8-11/5	T	12:30 - 2 p.m.	\$35 (5 classes)
33083	11/12-12/17	T	12:30 - 2 p.m.	\$35 (5 classes)

and feel clearer, steadier, and more connected to your body again. So instead of just getting through the day, you start to feel grounded, rested, and like yourself again. *No Class 11/26*

FITNESS

**MINDFUL MEDITATION**

Monk Phramaha Wirat Saeheng will take participants through the basics of meditation, building on each class until participants leave his sessions at ease and filled with calmness and gratitude. Get mindful and start your Saturdays off in the right head space. All experience levels are welcome. Please bring a yoga mat to sit on for this class. **No classes offered in December*

Location: Pat O'Brien Community Center

Ages: 15 & up

CODE	SESSION	DAY	TIME	FEE
33073	9/5 & 9/26	S	10 a.m. - 11:30 a.m.	\$15
33074	10/3 & 10/17	S	10 a.m. - 11:30 a.m.	\$15
33075	11/7 & 11/14	S	10 a.m. - 11:30 a.m.	\$15

**DROP-IN PICKLEBALL**

This drop-in program is for adults 18 and older. Grab your paddle and water and come on down to one of our community centers to play. Both facilities are climate-controlled, indoor, and perfect for year-round play.

Drop-in Dates: Wednesdays and Fridays

Location: Jose P. Rizal Community Center

Times: 12 p.m. - 3 p.m.

Fees: \$3 per visit, \$30 for a 12-visit punch pass

Drop-in Dates: Tuesdays and Thursdays

Location: Pat O'Brien Community Center

Times: 11 a.m. - 3 p.m.

JOIN THE SUNSHINE CLUB COORDINATION TEAM!

Are you 50+ and full of life? Do you love bringing people together and making good things happen? Then we want YOU on our volunteer Sunshine Club Coordination Team – the heart of senior social life at Fruitridge Community Center.

Help us plan fun events, festive potlucks, and meaningful social gatherings for active agers in our community. The Coordination Team meets once a month, on-site, and we are always open to fresh ideas and new faces.

Sunshine Club Coordination Team Meeting held every second Tuesday from 12 – 1 p.m.

*Fall/Winter Meeting Dates:
9/8, 10/13, 11/10, 12/8.*

*Be sure to call
office staff at
916-422-7610 to
let us know you will
be attending the meeting or
for more information!*



Sunshine Club Activities Calendar at Fruitridge Community Center

WEEKLY PROGRAM SCHEDULE

Sewing Group

9 a.m. – 2:45 p.m. M&W

Bingo

9:30 a.m. – 12 p.m. M–F

Bridge Group

10 a.m. – 2:45 p.m. W

NEW Kundalini Yoga

12:30 – 2 p.m. W

NEW Sushi Art Making

2:30 – 3:45 p.m., F

NEW FREE Fitness

Friday

11:30 a.m. – 12:30 p.m., F

FALL/WINTER EVENTS

National Senior Citizen's Day

Friday, August 21, 9 a.m. – 2 p.m.

Celebrating 70 Years in Motion & Senior Open House

Thursday, August 27, 10 a.m. – 2 p.m.

**Join us in celebrating the District's 70th Anniversary with a Birthday Potluck!*

National World Heart Day

Monday, September 29, 9 a.m. – 2 p.m.

Halloweek Celebration

Monday, October 26 – Friday,

October 30, 11 a.m. – 1 p.m.

Thanksgiving Potluck

Wednesday, November 18,

11:30 a.m. – 1 p.m.

National Cookie Day

Friday, December 4, 11 a.m. – 1 p.m.

Holiday Potluck

Wednesday, December 16,

11:30 a.m. – 1 p.m.

**Last Friday of each month: Sewing Machine Maintenance, 10 a.m. – 12 p.m.*

BRIDGE GROUP

Are you interested in learning Bridge or just playing with a group regularly? Join the Bridge group for a day of fun while socializing with friends, each Wednesday of the month from 10 a.m. – 2:45 p.m. at Fruitridge Community Center!



FRUITRIDGE SEWING GROUP

Swing on by Fruitridge Community Center and check out the Sewing Group. All ages and abilities are welcome to participate and should bring their own supplies, sewing machines, and current or unfinished projects to work on. An iron and ironing board is always set up. There is no instructor provided, but Nora, the facilitator, is very helpful and members are encouraged to assist one another. This is a wonderful place to sew, knit, crochet, and chat while making new friends and finishing projects. This group meets every Monday and Wednesday at Fruitridge Community Center from 9 a.m. – 2:45p.m. Come for an hour or for the whole day! For more information, please contact Nora at (916) 743-4028. ***The last Friday of each month Nora will host a Sewing Machine Maintenance Day from 10 a.m. – 12 p.m. in the Dance Room.***

SENIORS

**ENHANCE® FITNESS**

Enhance® Fitness is an evidence-based group physical activity program developed specifically for older adults. The program is both arthritis-friendly and a fall prevention program, with exercises focusing on four key areas important to the health and fitness of participants: low impact cardiovascular; dynamic/static balance work, strength training and stretching. Classes meet three times a week, an hour each session, providing social stimulation and physical benefits. Each class includes a warm-up, cardiovascular workout, cool down, strength training and stretching. **No class 9/7, 11/11, 11/27, 12/21 – 12/25*

Location: Pat O'Brien Community Center
8025 Waterman Rd.

Ages: 50 & up

CODE	SESSION	DAYS	TIME	FEE
31783	9/14-1/8/27	M, W, F	12:30 – 1:30 p.m.	\$20

NEVER TOO LATE AEROBICS

It is never too late to get active! Aerobics is a low-impact exercise designed specifically for individuals 50 years and older that aids in the improvement of circulation, mobility, flexibility, muscle tone, balance, and posture. This class is led by an instructor in-person or on Zoom on Monday, Wednesday, and Friday at Jose P. Rizal Community Center or on Tuesday and Thursday at Pat O'Brien Community Center (no Zoom option available at this location). Zoom participants will need to purchase a \$24, 10-punch pass. Got questions? Please call the front desk for more details (916) 395-0601. **No class held on Holidays due to facility closure (9/7, 11/11, 11/26, 11/27, 12/24, 12/25) **

Location: Jose P. Rizal Community Center:

M, W, F, 10:30 – 11:15 a.m.

(No in-person class due to facility closure: 10/19–10/30, 11/23–11/27, 12/21–1/1)

Pat O'Brien Community Center: T, Th, 10:30 a.m. – 11:15 a.m.

(No class due to facility closure: 11/26, 12/21–12/25)

Fees: \$3 per visit (for in-person participants only)
\$24 for a 10-class punch pass (ZOOM or in-person)

WALK WITH EASE

Walk with Ease is a program that teaches you how to safely make physical activity part of your everyday life. The program is designed to help relieve arthritis pain but is suitable for anyone. Each session meets three times per week, lasting about one hour. **No class 9/7, 11/11, 11/27, 12/21 – 12/25*

Location: Pat O'Brien Community Center

Ages: 50 & up

CODE	SESSION	DAYS	TIME	FEE
31903	8/24-10/2	M, W, F	1:30 – 2:30 p.m.	\$15
31904	10/5-11/13	M, W, F	1:30 – 2:30 p.m.	\$15
31905	11/16-12/30	M, W, F	1:30 – 2:30 p.m.	\$15





INTERESTED IN JOINING OR STARTING A GROUP OR CLUB?

Help us build programs that are beneficial to our seniors. The District will assist in getting clubs or groups running, but we need help to grow the next exciting chapter for our 50 and better community!



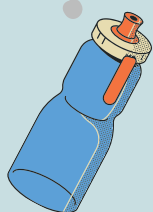
ACTIVITIES RUN
Monday–Friday
9:00am–2pm

Contact staff at Fruitridge Community Center, 4000 Fruitridge Rd. | (916) 422-7610



JOIN US FOR *FREE* SENIOR

FITNESS FRIDAYS



Looking for a way to stay active in a relaxed, supportive & accommodating environment? Then come to Fruitridge Community Center!

EVERY FRIDAY
11:30 AM–12:30 PM



Fruitridge Community Center, 4000 Fruitridge Rd. | (916) 422-7610



70TH ANNIVERSARY GATOR LINE

Share your stories with us

For 70 years, the District has been part of the community's daily moments. Together, these memories tell the story of the District. Now, we want to hear yours. Call the Gator Line and leave a voicemail sharing a favorite memory you've had with the District over the years. Your story may be featured throughout our anniversary year as we celebrate the people and moments that have shaped our community.

YOUR VOICE. YOUR MEMORY. OUR 70-YEAR STORY!

CALL THE GATOR LINE

(916) 426-8143

You can also text and send a photo to this number!

LEAVE A VOICEMAIL

- Leave your name, name of the park, facility, event, program, etc.
- Share a brief thank you, describe a favorite experience, or tell us what makes that park special



BOARD OF DIRECTORS

Kristy Lac, Chair
Janet Grisanti, Vice Chair
Rosario Rosas, Clerk
Susan Goetz
Preston Jackson III

SHELDON ADMINISTRATIVE HEADQUARTERS

6000 Orange Avenue • Sacramento, CA 95823
 (916) 428-1171 • southgaterecandpark.gov
 Ward Winchell, General Manager
 Paula Hansen, Administration Manager
 Deanna Parker, Accounting Manager
 Peter DeSantiago, Network Administrator
 Scott Behmer, Human Resources Analyst
 Vince King, Planning Manager
 Juanita Cano, Associate Park Planner
 Hilary Harkins, Landscape Architect
 Chris Pontino, Communication & Media Officer
 Angelica Palacios, Administrative Assistant II/Board Secretary
 Julia Goetz, Administrative Assistant II

PARKS DEPARTMENT

Scott Hokama Support Facility • 8025 Waterman Road
 Muhammad Ali, Parks Manager
 Dustin Lee, Irrigation Manager
 Frank Crisostomo, Maintenance Specialist III
 Gonzalo Albor, Irrigation Specialist II
 Ruben Ene, Irrigation Specialist
 Chris Royeton, Mechanic
 Joseph Gist, Maintenance Worker III
 Xiong Lee, Maintenance Worker III
 Verge Chatman, Maintenance Worker II
 Nick Doyich, Maintenance Worker II
 Arturo Avina, Maintenance Worker
 Logan Baker, Maintenance Worker
 Phillip Hernandez, Maintenance Worker
 Muhammad Khan, Maintenance Worker
 Don Mateo, Maintenance Worker
 Nhiava Moua, Maintenance Worker
 Daniel Nadolna, Maintenance Worker
 Isauro Perez, Maintenance Worker
 Yeng Xiong, Maintenance Worker
 Thai Yang, Maintenance Worker

Corporation Yard • 7351 Florin Mall Drive

Guy Gray, Assistant Parks Manager
 Rudy Raya, Maintenance Worker III
 Ethan Vang - Maintenance Worker II
 Armando Zapata, Maintenance Worker II
 Eric McCutcheon, Maintenance Worker
 Greg Nadolna, Maintenance Worker

FRUITRIDGE COMMUNITY CENTER

4000 Fruitridge Road • 422-7610
 Kate Miller, Recreation Supervisor II
 Warren Padgett, Recreation Supervisor
 Steve Gonzalez, Building Maintenance Worker II

JOSE P. RIZAL COMMUNITY CENTER

7320 Florin Mall Drive • 395-0601
 Richard Lincoln, Recreation Manager
 Marge McCuan, Assistant Recreation Manager
 Sean Thompson, Operations & Building Supervisor
 Ricky Fields, Recreation Supervisor
 Brianna Wheeler, Recreation Supervisor

PAT O'BRIEN COMMUNITY CENTER & CHRISTINE THOMPSON AQUATIC CENTER

8025 Waterman Road • 526-0234
 Sheila Surritt, Assistant Recreation Manager
 Colin Pitz, Recreation Supervisor II
 Maurissa Spiller, Recreation Supervisor



7713 Vineyard Road • Sacramento, CA 95829
 688-GOLF (4653) • www.wildhawkgolf.com

Paul Henderson, Golf Course Manager
 Mandy Garcia, Director of Golf
 Keaton Swan, Assistant Golf Professional
 Jeremy Payne, Golf Course Superintendent
 Luis Recinos, Assistant Golf Superintendent
 Kevin Schumann, Mechanic
 Jose Guerra, Maintenance Specialist I
 Brayden Fitzpatrick, Maintenance Worker II
 Miguel Ruiz, Maintenance Worker II
 Joseph Wakefield, Maintenance Worker II

Design & Production by BrandedSac,
 Sacramento, CA



Employment Corner

You can apply online for jobs with Southgate Recreation & Park District! Please visit our website for employment opportunities and upcoming summer positions. If you are looking for an opportunity to give back to your community, are passionate about working with children of all ages, or have a special craft you teach, then come work with us! Check online for updates on a variety of available positions with Southgate Recreation & Park District today. Apply online at: southgaterecandpark.gov or apply in person for any of our exciting positions at 6000 Orange Avenue, Sacramento, CA 95823. For more information, please contact our Administrative Office at (916) 428-1171.

Internship Opportunities

Are you interested in learning more about the field of Parks and Recreation? We hope you'll consider joining our team by participating in an internship with Southgate Recreation & Park District. For more information, please call (916) 526-0234 ext 105 or visit our website at southgaterecandpark.gov.

Volunteer Opportunities

Are you looking for community service projects? Do you need service credits for school? Southgate Recreation & Park District offers opportunities for volunteers to participate in services, activities, events and programs. For more information, please call (916) 526-0234 ext 105.

New Employees



Jose Guerra,
*Maintenance
Specialist I*
Southgate
Recreation &
Park District is
excited to welcome

Jose as Maintenance Specialist at WildHawk Golf Club. He brings over three decades of experience from a private country club, offering a broad range of expertise in maintenance, irrigation repair, and construction. Jose is highly skilled in operating all course equipment and is known for his meticulous attention to detail and commitment to maintaining top-quality course conditions and presentation. His positive attitude, strong work ethic, and team-oriented approach make him a valuable addition to the staff, and his dedication to his craft will be appreciated by both colleagues and golfers alike.



**Brayden
Fitzpatrick,**
*Maintenance
Worker II*
Southgate
Recreation &
Park District is

pleased to welcome back Brayden as a Maintenance Worker II at WildHawk Golf Club. He began his career in 2023 at WildHawk as a Seasonal Maintenance Assistant. He developed a strong foundation in course operations and demonstrated a clear commitment to learning and growth. In 2025 he strengthened his technical skills and industry experience by accepting a full-time position at a nearby private country club. Known for his eagerness to

learn and take on new challenges, Brayden has shown impressive growth in a short period of time. His natural curiosity, combined with a strong aptitude for troubleshooting, has made him particularly well-suited for work in irrigation systems—an area that requires both precision and perseverance.



Logan Baker,
*Maintenance
Worker I*
Southgate
Recreation & Park
District is pleased
to welcome

Logan as a Maintenance Worker. Logan joined the District in March as Seasonal Maintenance Assistant and has consistently demonstrated that he can be counted on every day as a reliable and dependable crew member. He arrives with a positive attitude that helps set the tone for the workday. Logan has a strong passion for working outdoors and takes pride in hands-on work, never hesitating to jump in and contribute wherever needed. His willingness to learn and take on new challenges has allowed him to steadily build his skill set, supporting the ongoing maintenance and care of the District's parks. His dedication and work ethic make him a valued addition to the team.



Isauro Flores,
*Maintenance
Worker I*
Southgate
Recreation & Park
District is excited
to welcome Isauro

as a Maintenance Worker. With a strong background in maintenance,

Isauro quickly became a great fit when he joined the team in February as a Seasonal Maintenance Assistant. His skills and strong work ethic have proven to be valuable assets to the department. Isauro is known for his attention to detail and takes pride in enhancing the parks he helps maintain, especially when it comes to adding finishing touches that elevate overall appearance and quality. In addition to his technical abilities, he brings a positive, team-first attitude and an encouraging spirit that helps foster a supportive and productive work environment.



Gonzalo Albor,
*Maintenance
Specialist II*
Southgate
Recreation &
Park District is
excited to welcome

Gonzalo as a Maintenance Specialist. As a lifelong parks maintenance professional in Sacramento, Gonzalo has earned the respect of his peers through extensive knowledge, strong technical skills, and an unwavering work ethic. Deeply committed to his craft, he has, at various points in his career, overseen the care and maintenance of most of the city's parks, gaining broad, hands-on experience across diverse landscapes and systems. In his new role with the District, Gonzalo will bring his well-rounded expertise to the Parks Department, where he will work with irrigation, helping maintain efficient, sustainable water while caring for our parks and other green spaces.



Warren Padgett,
*Recreation
Supervisor I*
Southgate

Recreation & Park District is proud to welcome Warren as our new Recreation Supervisor. Hailing from the state of Florida, he is a United States Air Force veteran and San Francisco State University alumnus. He brings a diverse background in leadership, community engagement, and public service. He has stepped into his role overseeing District community outreach, special events and assisting with senior activities and facility rentals. He also serves as an athletic official for the California Interscholastic Federation (CIF) and as a certified USA Boxing referee and judge. Through these roles, he promotes sportsmanship, integrity, and fair competition while mentoring athletes and contributing to the development of youth through athletics.

Anniversaries



Keaton Swan,
*Assistant Golf
Professional*
Keaton celebrated
5 years of full-
time service
with Southgate

Recreation & Park District in July. After starting with the District while in high school Keaton returned in 2020 as a part-time Assistant Golf Professional and then promoted to full-time the following year. His current duties include tournament director and supervisor of outside services. He recently attained PGA Apprentice professional status and is pursuing full PGA membership. Through the years Keaton has

demonstrated steady growth and leadership. Through his dedication and development, he is a role model for part-time staff, exemplifying professionalism and showing how hard work, commitment, and passion can lead to a successful career in the highly competitive golf industry.



Arturo Avina,
*Maintenance
Worker I*

Art celebrated
5 years of full-
time service
with Southgate

Recreation & Park District in August. His time with the District began in 2020 as part-time Custodian/Building Monitor. During the COVID-19 pandemic, he transitioned to the Parks Department as a Seasonal Maintenance Assistant, where his reliability and strong work ethic quickly became evident. Through his consistent effort and dedication, Art earned a full-time position. Over the years, Art has taken on a variety of roles within the department, consistently demonstrating dependability, adaptability, and a commitment to excellence. His steady and trustworthy approach has made him a valued team member, and the District is grateful for his ongoing support of its initiatives and his dedication to serving the community.



Steven Gonzalez,
*Building
Maintenance
Worker II*

Steve celebrated
10 years of full-
time service with

Southgate Recreation & Park District

in August. In 2008 Steve joined the District part-time as Custodian/Building Monitor and was promoted to Building Maintenance Worker in 2016. He is responsible for maintaining District facilities, including troubleshooting electrical, structural, and plumbing issues, performing equipment repair and replacement, and coordinating contractors for projects. Steve consistently demonstrates attention to detail, ensuring facilities remain functional and well-presented. He is dependable, knowledgeable, and often goes above and beyond, proactively identifying issues and offering solutions. A motivated self-starter, he communicates effectively, prioritizes tasks efficiently, and supports staff, making him a valued and trusted team member.



Deanna Parker-Taylor,
Accounting Manager

Deanna celebrated
5 years of full-
time service with
Southgate Recreation

& Park District in August. As Accounting Manager, she oversees financial reporting, audits, assessment districts, internal controls, budgeting, regulatory compliance, and providing critical financial information to departments. She possesses a strong understanding of the District's complex operations and consistently produces outstanding work. Her efforts have earned Government Finance Officers Association recognition, including the Certificate of Achievement for Excellence in Financial Reporting and the Distinguished Budget Presentation Award. Deanna's commitment to and support of the District are commendable.

EMPLOYEE CORNER



Juanita Cano,
*Associate Park
Planner*

Juanita celebrated
10 years with
Southgate
Recreation & Park

District in August. As Associate Park Planner she leads subdivision reviews, manages capital developments, negotiates agreements, and diligently tracks projects. Collaborative and solution-oriented, she supports colleagues, engages the public, and advances grant efforts. Juanita consistently produces high quality work and has steadily assumed

greater responsibility, culminating in 2025 with successfully managing and completing all three phases of the Larry Gury Community Park project where she navigated complex permitting, multiagency coordination, stormwater infrastructure, and delivery of the District's largest lighted multiuse sports complex. Current projects include Norman S. Waters Park walkway improvements, Little Hawke Park's playground, Rutter Park's basketball court, WildHawk Golf Club's shade structure and patio, and the upcoming Manuel Mejia Jr. Park.



JOIN OUR TEAM!



Open Positions

- ✓ Seasonal Maintenance Assistants
- ✓ Custodian/Building Monitors
- ✓ Ranger/Marshal at WildHawk
- ✓ ...and more!

Great communities need great people

Make your work matter. Turn your passion into community impact in parks and recreation!

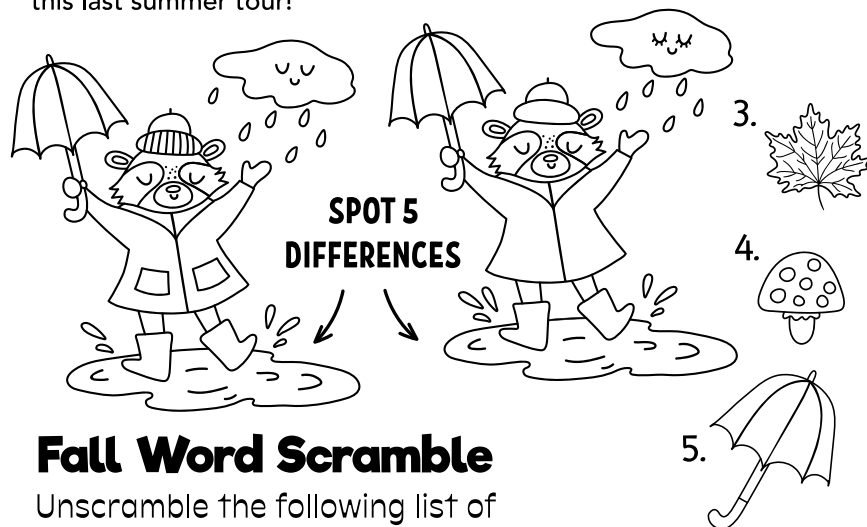
southgaterecandpark.gov 🔍

➔ **Apply Online Today!**





Help the R.E.C. Van find it's way back home to it's Southgate facility after a full season of 30+ park visits this last summer tour!



Fall Word Scramble

Unscramble the following list of shuffled words!

SELAVE _____
NKUPMIP _____
SVTARHE _____
STEAWE R _____
SHOC PM _____
NOEIFBR _____
HLLYCI _____

Answers: 1. Leaves 2. Pumpkin 3. Harvest 4. Sweater 5. Chomps 6. Bonfire 7. Chilly

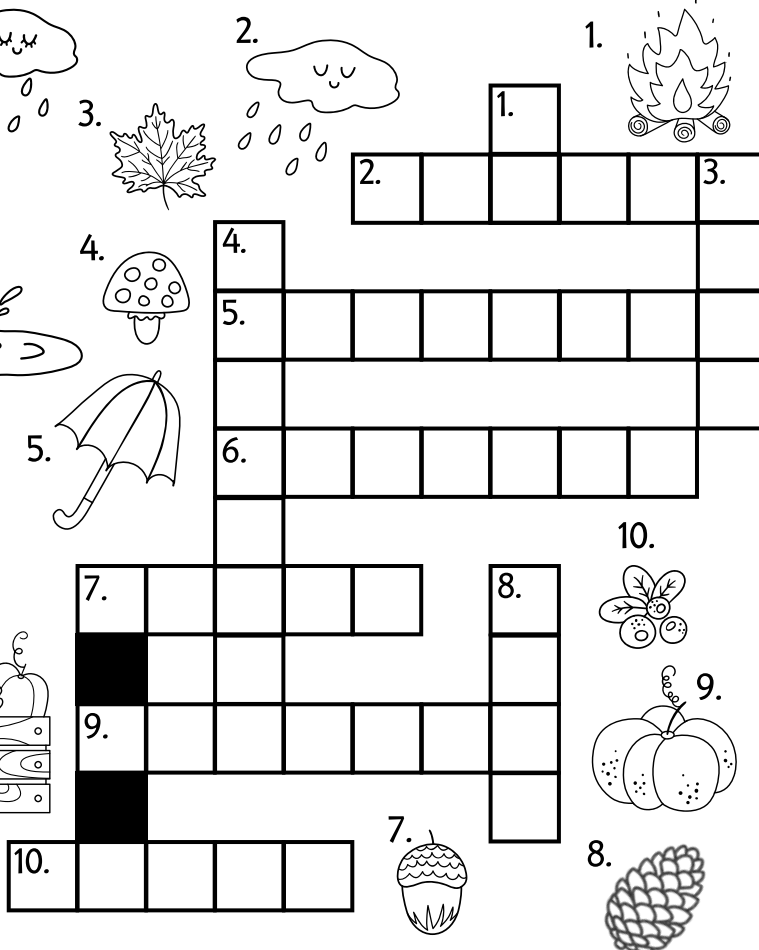
Fall Word Search

Find and cross out all the words listed. Words may go horizontally, vertically, diagonally, but not in reverse order.

ACORNS SCHOOL
 CHESTNUT SEASON
 CHILL SEPTEMBER
 CHOMPS SWEATER
 CORN MAZE UMBRELLA
 CORNUCOPIA WIND
 DAMP
 HARVEST
 HOT COCOA
 MIST
 NOVEMBER
 OCTOBER
 PUDDLE
 RAIN
 SCARF



C O R N M A Z E S
 O C T O B E R F E
 R H U S C A R F P
 N I M W I N D A T
 U L B E P H C H E
 C L R A U A H O M
 O C E T D R E T B
 P H L E D V S C E
 I O L R L E T O R
 A M A L E S N C L
 A P I N I T U O G
 C S L M E A T A R
 O S S C H O O L A
 R I V E D A M P I
 N O V E M B E R N
 S N S S E A S O N



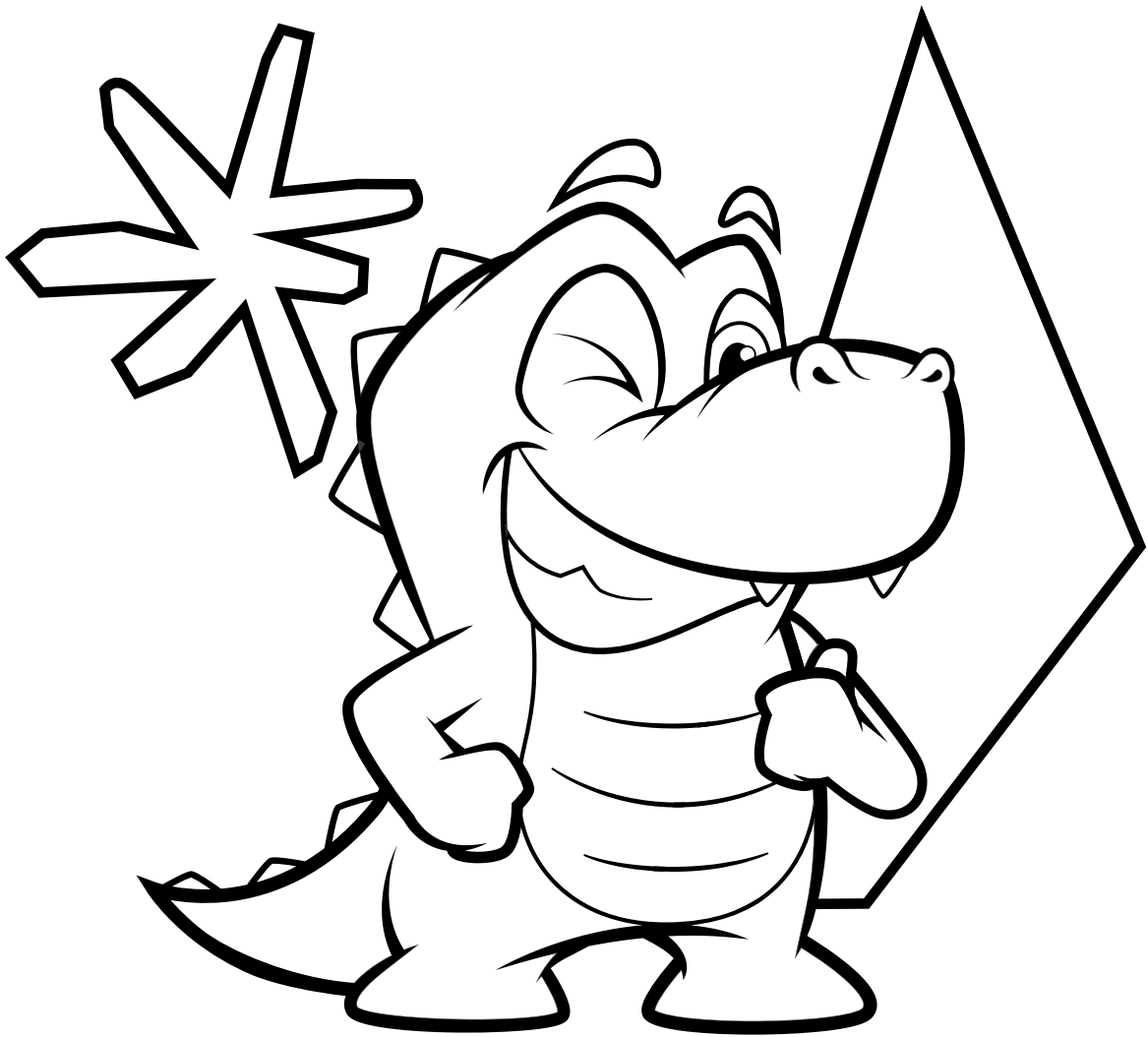
ANSWER:

1. Fire 2. Rain 3. Leaf 4. Mushroom 5. Umbrella 6. Harvest 7. Acorn 8. Cone 9. Pumpkin 10. Berry

CHOMPS

Coloring Page

Hi, I'm Chomps, the District's mascot! Color me and use your creativity to draw a scene behind me in one of your favorite places to have fun. When you're done, turn this page into any Southgate Recreation & Park District community center and we'll start posting them for everyone to see in November!



Name: _____



ENROLL TODAY!

Is your child Kindergarten Ready?
Our Head Start Program prepares
your child to succeed in school.

Comprehensive Services Include:

- ✓ Kindergarten Readiness Activities
- ✓ Health Screenings
- ✓ Creative Learning Activities
- ✓ Nutritious Meals
- ✓ Employment/Training Services for Parents
- ✓ Education Services for Children with Special Needs

Program Options:

- ✓ Center-Based: Full and Part Day Classes
- ✓ Home-Based: Services provided in a Home Setting

*Public transportation/taxi assistance may be available for
qualifying Head Start activities*



Contact us
(916) 263-3804



Visit our website
www.seta.net



No Cost Program:
This program is free
of charge for income
eligible families with
children ages birth
to 5 years old.

HOW AND WHERE TO REGISTER

GENERAL CLASS INFORMATION

1. Pre-registration is recommended to ensure space availability.
2. The District will not phone or mail class confirmations. Participants will be notified if the class is canceled or changed. Receipts are provided for walk-in registration. If registering by mail, you may request a receipt be mailed to you.
3. The District reserves the right to cancel or change program offerings at any time.
4. To view our refund policy, see page 51.

HOW TO USE ONLINE REGISTRATION

- Go to: <http://activenet.active.com/southgaterecandpark>
- Click My Account/Login on right.
- Check to see if you already have an account. If you registered for classes previously, you probably have an account.
- Enter your e-mail as your login username, click "Forgotten?"
- If you have an account, you will be prompted to enter your e-mail address again. Your password will be e-mailed to you.
- If you do not have an account, fill in the information in the New Customer Section to create your account.

3 WAYS TO REGISTER



ONLINE

Convenient, 24 hours a day with a major credit card at southgaterecandpark.gov.



MAIL-IN

Mail registration form and check or money order to 6000 Orange Avenue, Sacramento, CA 95823. Do not mail cash. Make checks payable to Southgate Recreation & Park District.



WALK-IN

Pay by check, money order or major credit card at Jose P. Rizal, Pat O'Brien or Fruitridge Community Center. Cash is accepted only at Jose Rizal and Pat O'Brien Community Centers.

SCAN QR CODE



TO REGISTER

3 REGISTRATION LOCATIONS



Jose P. Rizal Community Center

7320 Florin Mall Drive, Sacramento, CA 95823
Phone (916) 395-0601
Monday-Friday 9 a.m. – 5 p.m.



Fruitridge Community Center

4000 Fruitridge Road, Sacramento, CA 95820
Phone (916) 422-7610
Monday-Friday 9 a.m. – 2 p.m.



Pat O'Brien Community Center

8025 Waterman Road, Sacramento, CA 95829
Phone (916) 526-0234
Monday-Friday 9 a.m. – 5 p.m.

EASY ONLINE REGISTRATION:

southgaterecandpark.gov

Name: _____ Phone (home): _____
 Address: _____ (work): _____
 City/State/Zip: _____ Email: _____

☐ Please e-mail me information about upcoming Southgate Recreation & Park District activities!

CLASS REGISTRATION

Participant's Name	DOB (IF UNDER 18)	CLASS NAME	CLASS CODES			SESSION DATES	FEE
			1 st Choice	2 nd Choice	3 rd Choice		
Please check this box if you would like to add \$1.00 Operation Recreation Scholarship Fund ☐							
TOTAL FEE ENCLOSED							

SPECIFY METHOD OF PAYMENT (FAX requires credit card)

☐ VISA ☐ Master Card ☐ American Express ☐ Discover ☐ Check ☐ Money Order

Credit Card #: _____ Card Security Code: _____ Expiration Date: _____

Signature: _____ Date: _____

Register online with a credit card, or in person with cash, check or credit card at:

Jose P. Rizal Community Center, 7320 Florin Mall Drive, Sacramento, CA 95823

Pat O'Brien Community Center, 8025 Waterman Road, Sacramento, CA 95829

Please record your child's name on your check or money order and make your check payable to Southgate Recreation & Park District (SRPD). A \$30 fee will be charged for all returned checks.

AGREEMENT, WAIVER, AND RELEASE

In consideration for being permitted by Southgate Recreation & Park District ("District") to participate in the above-referenced activity, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance the District (including its officers, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with my participation in said activity, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above.

It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs, administrators, executors, and assigns and that I shall indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with my participation in said activity.

Additionally, I fully understand that my participation in the above-referenced activity exposes me to the risk of personal injury, death, communicable diseases, illnesses, viruses, and/or property damage. I hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

VIRTUAL CLASS RELEASE: I hereby warrant and agree, that the conditions of my environment are safe, free from obstructions, and are suitable for participation in the above-referenced activity. I further understand and agree that any material downloaded, viewed or otherwise obtained through my participation in said activity is done at my own risk and the District is not responsible for any loss, alteration, corruption or other damage to my personal property, including computers, networks and other property used as part of my participation.

VIDEO & PHOTOGRAPHIC RELEASE: I understand that photographs and/or videos may be taken during this activity and hereby grant the District permission to use any such photo(s) and/or video(s) for advertising or in promotional materials.

PARENTAL/GUARDIAN CONSENT: (to be completed and signed by parent/guardian if Participant is under 18 years of age.)

I hereby consent that my son/daughter, _____, participate in the above-referenced activity, and I hereby execute the above Agreement, Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold the District (including its officers, employees, volunteers, and agents) free and harmless from any loss, liability, damage, cost, or expense which may arise out of or connected in any way with said minor's participation in said activity.

I HAVE CAREFULLY READ THIS AGREEMENT, WAIVER, AND RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ABOVE DISTRICT AND I SIGN IT OF MY FREE WILL.

Signature _____

Printed Name _____ Date _____

The Place for Your Next *Event*



JOSE P. RIZAL COMMUNITY CENTER

Features include: kitchen,
10' rectangular tables, chairs,
sound system, and stage.

Seats: 300





PAT O'BRIEN COMMUNITY CENTER

Features include: catering kitchen, 6' rectangular tables, chairs, A/V equipment, outdoor patio and meeting room.

Seats: 300



FRUITRIDGE COMMUNITY CENTER

Features include: kitchen, 10' rectangle tables, chairs, and sound system.

Seats: 200





FLORIN CREEK RECREATION CENTER

Features include: kitchen, 5' round tables, chairs, A/V equipment, and outdoor amphitheater.

Seats: 120



FLETCHER FARM COMMUNITY CENTER

Features include: kitchenette, 6' rectangular tables, chairs, sound system and outdoor patio.

Seats: 70





FRUITRIDGE SWIM CENTER

Under Renovations Reopening 2027!
Features include: inflatable water slide
available for pool rentals, available
Saturday & Sundays only for pool parties.
Accommodates: 120



CHRISTINE THOMPSON AQUATIC CENTER

Available June - October
Features include: lap pool, wading pool,
diving boards and splashpad. Inflatable
waterslide available for pool rentals.
Accommodates: Up to 400



FEATURED FACILITY

Florin Creek Recreation Center

Florin Creek Recreation Center at 7460 Persimmon Ave is one of District's most attractive facilities. The center has vaulted exposed beam ceilings and gorgeous natural lighting with a large deck overlooking the park and outdoor amphitheater. Florin Creek provides a great setting for weddings, birthday parties, family reunions, memorials, dances, exercise classes, meetings, and other events. Features include a large kitchen, indoor/outdoor stage, polished wood flooring, outdoor playground, and sports

fields. The park has recreated certain amenities such as the historic pond, pedestrian bridge, concrete pathways, and surrounding landscaping. Florin Creek Recreation Center accommodates up to 120 guests for banquet seating or 150 guests for assembly seating. Minimum rental time is two hours. All rentals include tables, chairs, and our welcoming staff. Reservations must be made 30 days in advance. To check availability, please call (916) 395-0601.



ADDRESS

7460 Persimmon
Avenue

ACCOMMODATES

120 guests—banquet seating
150 guests—assembly seating

RENTALS

Min 2 hrs., 30 days in advance. Includes tables,
chairs & our welcoming staff.

**PARK GAZEBO
RENTALS**

AVAILABLE FOR RENT ONLINE!

southgaterecandpark.gov | (916) 395-0601

Facility Rentals

Did you know that Southgate Recreation & Park District's community centers can be rented for special occasions and events? Individuals and organizations may rent buildings for wedding receptions, birthday parties, baptisms, dinners, luncheons, meetings, engagement parties, anniversaries, and other events. All our facilities include tables and chairs with experienced staff on site to assist with your event layout and breakdown.

These rates are for full packages only. Please call for individual room rates.	Hourly Weekend Standard	Hourly Weekend Security	Hourly Meeting Room	Kitchen*	Amphitheater or Garden/Patio*
<i>Standard Deposit: \$300</i>			<i>Security Intensive Deposit: \$500</i>		
Pat O'Brien Community Center 8025 Waterman Road Assembly Capacity: 350 Banquet Capacity: 300	\$225	\$305	\$105 - \$150	\$55	N/A
<i>Standard Deposit: \$250</i>			<i>Security Intensive Deposit: \$450</i>		
Jose P. Rizal Community Center 7320 Florin Mall Drive Assembly Capacity: 350 Banquet Capacity: 300	\$200	\$280	\$50	\$35	\$50
Fruitridge Community Center 4000 Fruitridge Road Assembly Capacity: 250 Banquet Capacity: 200	\$185	\$260	\$50 - \$90	\$35	N/A
Florin Creek Recreation Center 7460 Persimmon Avenue Assembly Capacity: 150 Banquet Capacity: 120	\$170	\$250	N/A	\$35	\$50
Fletcher Farm Community Center 7245 Fletcher Farm Drive Assembly Capacity: 90 Banquet Capacity: 70	\$125	\$180	N/A	N/A	N/A

*"Security" rates are required for events with alcohol. Prices are subject to change. *Flat rate when booked with rental package. For more information and weekly rates, please contact Jose P. Rizal Community Center (916) 395-0601, or visit southgaterecandpark.gov*

REFUND POLICY

Programs, Classes, and Activities

Refunds and transfers are granted without fees for cancellations received at least 72 hours prior to the first class. Failure to attend a class does not constitute grounds for a refund. Refunds will be provided if an activity is canceled by the District. A transaction fee may be charged for cancellations. Punch passes for activities are non-transferable and non-refundable.

Park Rentals

Refunds for park rentals received at least 7 days in advance are processed in accordance with the Park Rental Guidelines and Information Packet and the Contract/Permit.

Facility Rentals

Refunds for facility rentals are processed in accordance with the Facility Rental Guidelines and Information and the Contract/Permit.

Payment of Refunds

Refunds issued in the form of a check take up to 30 days to process. Refunds may be issued to your Southgate ActiveNet account to use for future programs, classes, activities, park rentals and/or facility rentals. Refunds to a Southgate ActiveNet account are available earlier.

Southgate Recreation & Park District reserves the right to cancel or change program offerings, park permits or facility rentals at any time.

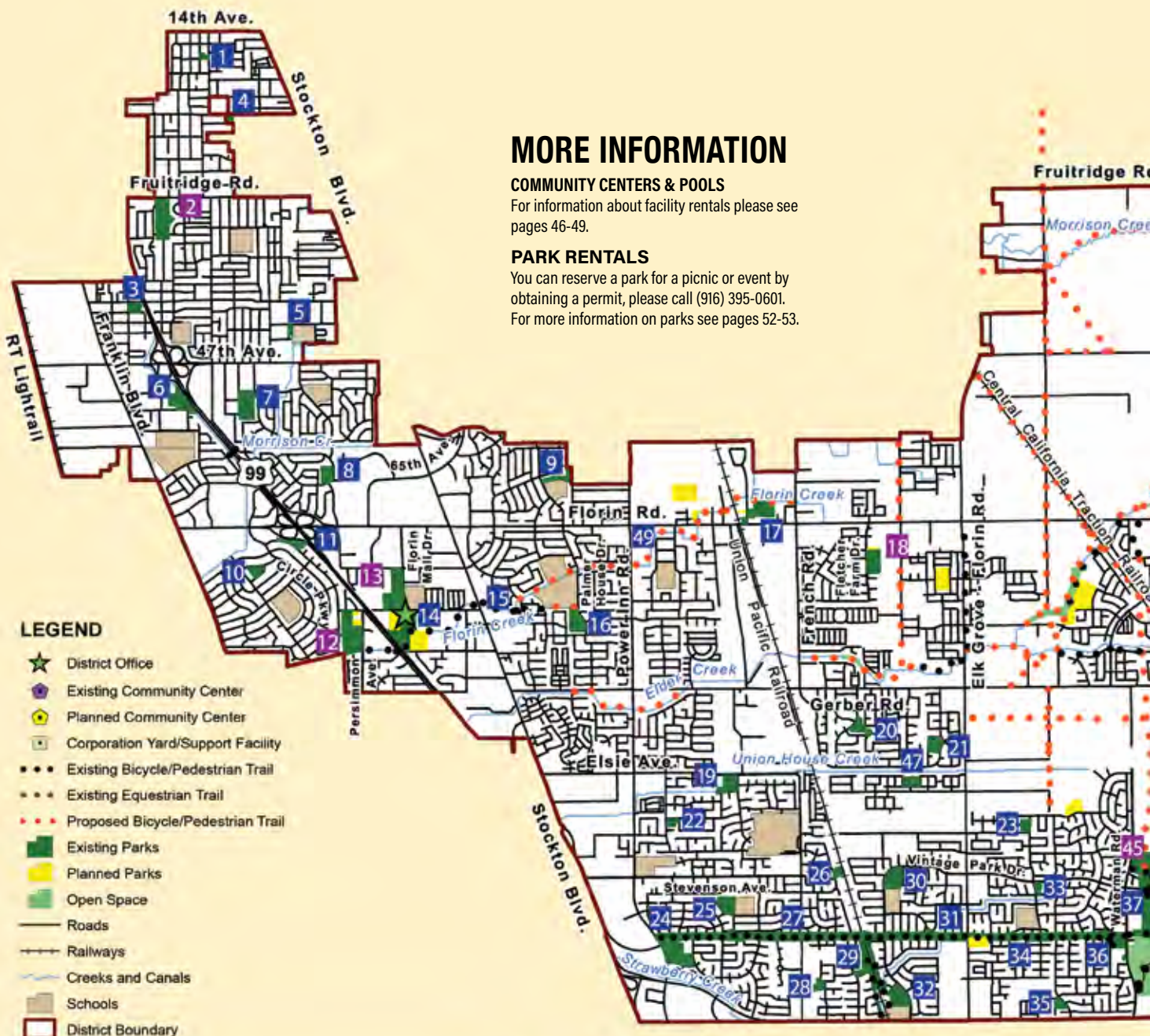


Park and Facility Guide

(L=Lighted Amenity)

No.		Baseball & Softball Fields	Basketball Courts	Volleyball	Soccer Fields	Pickleball Courts	Tennis Courts	Playgrounds	Picnic Area	Barbecue	Dog Park	Exercise Equipment	Shade Structure	Parking Lot
No.	Golf Course													
41	WildHawk Golf Club , 7713 Vineyard Road													L
No.	Community Centers													
★	District Administrative Office , 6000 Orange Avenue					L	L							L
18	Fletcher Farm Community Center , 7245 Fletcher Farm Drive						L							L
12	Florin Creek Recreation Center , 7460 Persimmon Avenue													L
2	Fruitridge Community Center , 4000 Fruitridge Road		L											L
13	Jose P. Rizal Community Center , 7320 Florin Mall Drive													L
45	Pat O'Brien Community Center , 8025 Waterman Road													L
No.	Pools & Water Activities													
2	Fruitridge Swim Center , 4000 Fruitridge Road													L
45	Christine Thompson Aquatic Center , 8025 Waterman Road													L
No.	Trails, Parkways and Open Space													
42	Dunmore Park Preserve Area , Excelsior Road													
15	Florin Creek Bike Trail , Florin Creek Park to Rutter Park													L
27	Howard P. Tillotson Pkwy. , Edwin A. Smith Park to Del Seis Dr.													
39	Laguna Creek Parkway , Vineyard Rd. at Laguna Creek													
No.	Parks													
34	Boulder Glen Park , Caymus Drive & Tillotson Parkway													
6	Bowling Green Park , 4125 49th Avenue		L		L									L
31	Brittany Park , Brittany Park Drive & Kentshire Way													
44	Calvine Crossing Park , Almadine Drive & Obsidian Way													
28	Calvine Station Park , 8308 New Point Drive													
23	Carlisle Woods Park , Carlisle Avenue & Caymus Drive													
33	Caymus Park , Caymus & Vintage Park Drive													
37	Churchill Downs Community Park , Vintage Park Dr. & Waterman Rd.						L							L
26	Cottonwood Park , 8604 Willow Grove Way													
11	Crofoot Park , 7259 Circle Parkway													L
46	Don & Brenda Nottoli Community Park , 9485 Hanfield Drive		L		L		L							L
24	Edwin A. Smith Community Park , 8200 Meadowhaven Dr		L				L							L

No.	Parks-continued	Baseball & Softball Fields	Basketball Courts	Volleyball	Soccer Fields	Pickleball Courts	Tennis Courts	Playgrounds	Picnic Area	Barbecue	Dog Park	Exercise Equipment	Shade Structure	Parking Lot
12	Florin Creek Park , 7460 Persimmon Avenue													L
5	Fountain Plaza Park , El Paraiso Avenue & Hobnail Way													
2	Fruitridge Community Park , 4000 Fruitridge Road													L
29	Hardester Park , Hardester Drive & Ardith Drive													
32	Illa Collin Park , Vintage Park Drive & Fintown Court													
14	Jack N. Sheldon Park , 6000 Orange Avenue													L
1	Jack W. Davis Park , 16th Avenue & 44th Street													
47	Jimmie R. Yee Park , 8755 Nakota Way													
9	Kennedy Park , 7037 Briggs Drive													
10	Kenneth B. Royal Park , B & C Parkways													
48	Larry Gury Community Park , Wildhawk West Drive													L
40	Little Hawke Park , Sorenstam Drive & O'Meara Way													
7	Nicholas Park , 6590 47th Street													L
19	Norman S. Waters Park , 8322 Elsie Avenue													
17	Olde Florintown Park , 7125 McComber Street													L
4	Perry Avenue Park , 4551 Perry Avenue													
3	Rainbow Park , MLK Jr. Boulevard & 41st Avenue													
36	Robert D. Cochran Park , Westray Drive & Waterman Road													
16	Rutter Park , 7420 Palmer House Drive													
38	Silver Leaf Park , Country Ranch Drive & Silver Meadow Way													
8	Sky Park , 5430 North Parkway													
20	Southwoods Park , Valley Wood Drive													
18	Sunrise Florin Park , 7245 Fletcher Farm Drive													L
21	Tamarindo Park , Tiogawoods Drive & Tamarindo Bay Drive													
43	Ted M. Klein Park , Vintage Park Drive & Fall Valley Way													
25	Toby Johnson Park , Boron Way & Cutler Way													
35	Vineyard Park , Grand Cru Drive													
30	Vintage Park , 8029 Helmsdale Way													
22	Willowood Park , 7901 Iona Way													
13	Woody Hampton Park , 7320 Florin Mall Drive													L



MORE INFORMATION

COMMUNITY CENTERS & POOLS

For information about facility rentals please see pages 46-49.

PARK RENTALS

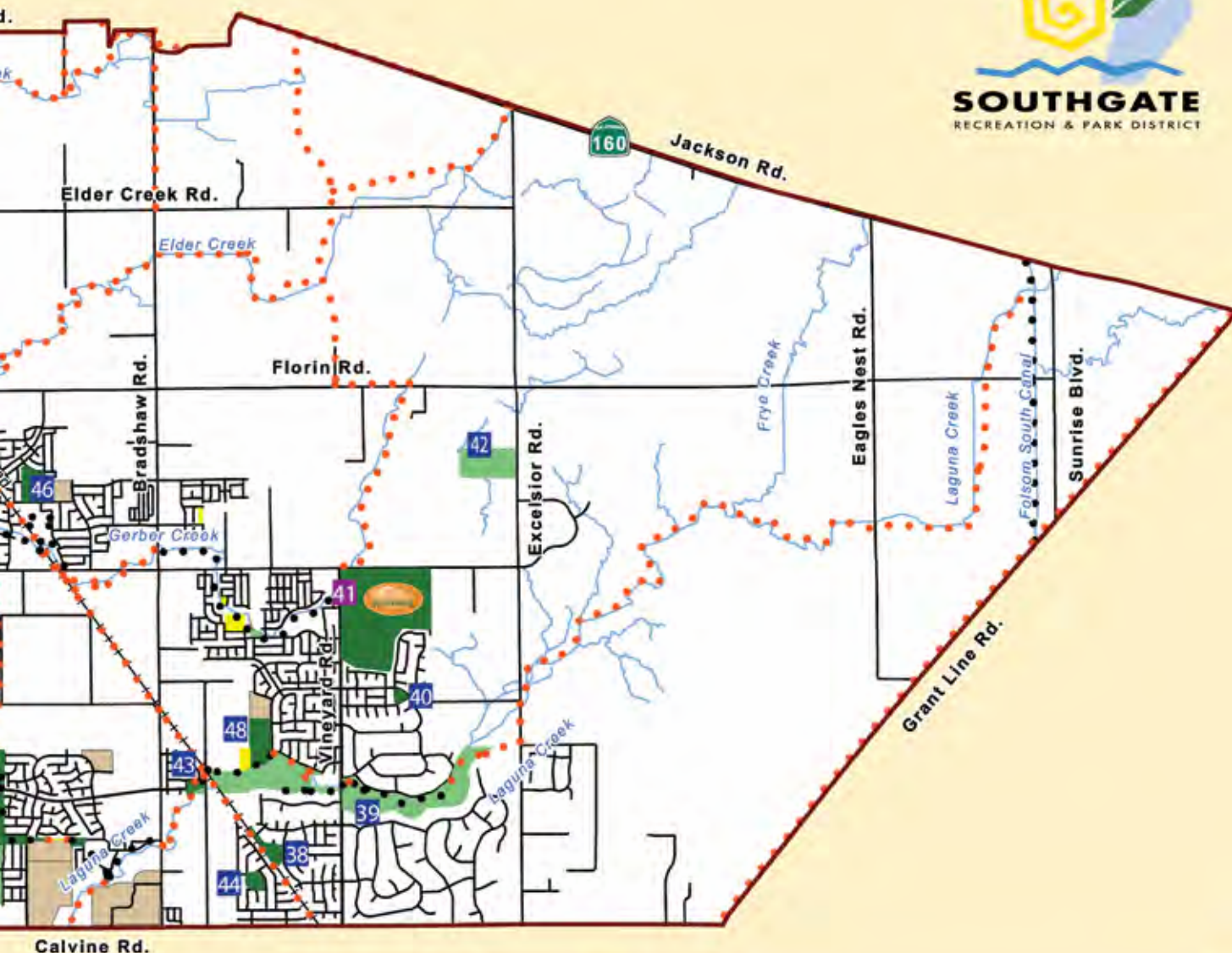
You can reserve a park for a picnic or event by obtaining a permit, please call (916) 395-0601. For more information on parks see pages 52-53.

No.	Golf Course
41	WildHawk Golf Club, 7713 Vineyard Road
No.	Community Centers
★	District Administrative Office, 6000 Orange Avenue
18	Fletcher Farm Community Center, 7245 Fletcher Farm Drive
12	Florin Creek Recreation Center, 7460 Persimmon Avenue
2	Fruitridge Community Center, 4000 Fruitridge Road
13	Jose P. Rizal Community Center, 7320 Florin Mall Drive
2	Gerry Green Head Start Facility, 5746 40th Street
45	Pat O'Brien Community Center, 8025 Waterman Road
No.	Pools & Water Activities
2	Fruitridge Swim Center, 4000 Fruitridge Road
45	Christine Thompson Aquatic Center and Spray Play, 8025 Waterman Road

No.	Trails, Parkways and Open Space
15	Florin Creek Bike Trail, Florin Creek Park to Rutter Park
27	Howard P. Tillotson Parkway, Edwin A. Smith Park to Smedberg Middle School
39	Laguna Creek Parkway, vineyard road at Laguna Creek
42	Dunmore Park Preserve Area, Excelsior Road
No.	Parks
34	Boulder Glen Park, Caymus Drive & Tillotson Parkway
6	Bowling Green Park, 42nd Street and 49th Avenue
31	Brittany Park, Brittany Park Drive & Kentshire Way
44	Calvine Crossing Park, Almadine Drive and Obsidian Way
28	Calvine Station Park, 8308 New Point Drive
23	Carlisle Woods Park, Carlisle Avenue & Caymus Drive
33	Caymus Park, 7259 Circle Parkway
37	Churchill Downs Community Park, Vintage Park Drive & Waterman Road
26	Cottonwood Park, 8604 Willow Grove Way
11	Crofoot Park, 7259 Circle Parkway
46	Don & Brenda Nottoli Community Park, 9485 Hanfield Drive



SOUTHGATE
RECREATION & PARK DISTRICT



No.	Parks – Continued
24	Edwin A. Smith Community Park , 8200 Meadowhaven Dr
12	Florin Creek Park , 7468 Persimmon Avenue
5	Fountain Plaza Park , El Paraiso Avenue & Hobnail Way
2	Fruitridge Community Park , 4000 Fruitridge Road
29	Hardester Park , Hardester Drive & Ardith Drive
49	Heritage Park , 8255 Florin Road
32	Illa Collin Park , Vintage Park Drive & Fintown Court
14	Jack N. Sheldon Park , Orange Avenue & Florin Mall Drive
47	Jimmie R. Yee Park , 8755 Nakota Way
1	Jack Davis Park , 16th Avenue & 44th Street
9	Kennedy Park , 7037 Briggs Drive
10	Kenneth B. Royal Park , 4711 C Parkway
48	Larry Gury Community Park , 9875 Wildhawk West Drive
40	Little Hawke Park , Sorenstam Drive & Orneara Way
7	Nicholas Park & Softball Complex , 6590 47th Avenue
19	Norman S. Waters Park , 8322 Elsie Avenue

No.	Parks – Continued
17	Olde Florintown Park , Florin Road & McComber Street
4	Perry Avenue Park , 4551 Perry Avenue
3	Rainbow Park , 6121 Martin Luther King Boulevard
36	Robert D. Cochran Park , Westray Drive & Waterman Road
16	Rutter Park , 7350 Palmer House Drive
38	Silver Leaf Park , Country Ranch Drive & Silver Meadow Way
8	Sky Park , 5430 North Parkway
20	Southwoods Park , Valley Wood Drive
18	Sunrise Florin Park , 7245 Fletcher Farm Drive
21	Tamarindo Park , Tiogawoods Drive & Tamarindo Bay Drive
43	Ted M. Klein Park , Vintage Park Drive and Fall Valley Way
25	Toby Johnson Park , Boron Way & Cutler Way
35	Vineyard Park , Grand Cru Drive
30	Vintage Park , 8029 Helmsdale Way
22	Willowood Park , 7901 Iona Way
13	Woody Hampton Park , 7320 Florin Mall Drive

FALL 2026 SPECIAL EVENTS

Celebrating 70 Years in Motion & Senior Open House

August 27, 2026
10 a.m. – 12 p.m.
Fruitridge Community Center

70th Anniversary Time Capsule Dedication Ceremony

September 12, 2026
11 a.m. – 12 p.m.
Crofoot Park

Pictures in the Park

September 19, 2026
9:30 a.m. – 3 p.m.
Florin Creek Park

Pups in the Park

September 26, 2026
10 a.m. – 12 p.m.
Don & Brenda Nottoli Dog Park

Fall Community Yard Sale

October 3, 2026
8 a.m. – 1p.m.
Pat O'Brien Community Center

Splashing Pumpkins

October 10, 2026
2 p.m. – 4 p.m.
Christine Thompson Aquatic Center

Halloween Carnival & Haunted House

October 31, 2026
5 p.m. – 8 p.m.
Jose P. Rizal Community Center

Fall Vendor & Craft Fair

November 21, 2026
9 a.m. – 2 p.m.
Pat O'Brien Community Center

Pictures in the Park

November 21, 2026
9:30 a.m. – 3 p.m.
Silver Leaf Park